



VOTING STATION *times*

SPECIAL VOTES:
**MONDAY 27 MAY &
 TUESDAY 28 MAY**
 09:00 - 17:00

ELECTION DAY:
WEDNESDAY 29 MAY
 07:00 - 21:00

NB | BRING YOUR RSA ID/TEMPORARY ID



WE ENCOURAGE OUR RESIDENTS TO WALK, CYCLE OR HORSEBACK RIDE TO THE VOTING STATION. WHERE ELSE IN THE WORLD CAN YOU ENJOY SUCH A LEISURELY COMMUTE TO VOTE.

LOST & FOUND ITEMS

The HOA office has a growing collection of personal belongings, including items of clothing, soccer balls, sports equipment, and electronic devices that have been picked up around the Estate.

If you have recently misplaced an item, please get in touch with Daphne Smith at 021 867 8000 or via email daphne.smith@pvhoa.co.za.

PEARL VALLEY GOLF

2024 Jack Nicklaus Qualifier Update

Five rounds of the 2024 Jack Nicklaus Qualifier standings have been completed, with two more rounds still to go!

Participants' total scores are calculated using their four best Individual Stableford scores out of the seven qualifiers. Players do not need to participate in all the qualifiers to be eligible.

After the final event, the top four players in the standings will be flown to Johannesburg to represent Pearl Valley in the final against other Jack Nicklaus-designed golf courses. This year, the final will take place at Serengeti Golf Club from October 24th to 27th.

The last two qualifiers at Pearl Valley are scheduled for Saturday, June 15th (US Open us weekend), and Saturday, July 20th (The Open British weekend). August 24th is reserved as a backup date in case of rain on one of the previous Saturdays.

In the standings chart, blocks that are "blacked out" indicate either that the player did not play on that particular Saturday or that it was their lowest score, which won't count. The top 15 standings have been posted. Many players have great scores but have only played 2 or 3 rounds, so there is still plenty of excitement to come in this competition.

Good luck to all.

Kind regards,
The Pearl Valley Golf Team

[View the standings chart here](#)



Introducing Your Children to Golf: Tips for Parents

To help your child get started with golf, focus on good fundamentals and seek out a PGA Professional with a junior program in your area. Group lessons are ideal, as they allow kids to make friends while they learn.

Key Fundamentals for Young Golfers

- **Aim, Posture, and Ball Position:** These basics are crucial for young golfers. The grip can be refined as they grow older. Make learning enjoyable by engagingly teaching these fundamentals.

Equipment Tips

- **Size-Appropriate Clubs:** Ensure your child has clubs suited to their height, not their age. Clubs that are too long can hinder their development, making it difficult to control the club and reducing swing speed. Think of it like playing soccer in oversized boots. If you're unsure of your child's interest level, start with just one or two clubs, like a wedge and a putter, and add more as needed.

Making Practice Fun

- **Interactive Drills:** Create games and challenges to make practice enjoyable. For example, tape a hula hoop to alignment rods and challenge your child to see how many times they can chip the ball through in a row.

Course Introduction

- **Early Exposure:** Introduce your child to the course early on, allowing them to play from distances appropriate to their skill level.

Teaching Golf Rules and Etiquette

- **Basic Rules:** Teach your child the basic rules of golf, such as scoring, the number of clubs allowed, penalty shots, and how to mark and sign a scorecard if they're ready for events.
- **Course Etiquette:** Emphasise the importance of caring for the course with the 3 R's: Replace divots, Repair pitch marks, and Rake bunkers after use.

By following these tips, you can help your child develop a love for golf while learning important skills and etiquette. For further information or enquiries, feel free to contact Sevey Links at Sevey.Links@pearlvalley.co.za or call 082 214 8014.

PEARL VALLEY GOLF SHOP



END OF SEASON DEAL

Build your own deal from 20% to 40% discount.

Anyone who purchases 2 or more items will automatically be entered into our exclusive draw. The lucky winner will walk away with a free item from our shop, valued at R2000!

Head over to the golf shop now, as the sale is for a limited time only. Alternatively, you can get in touch with the team at 021 867 8000 or golfshop@pearlvalley.co.za.



THE VALLEY RESTAURANT



VAL DE VIE
ANNO 1743

PEARL VALLEY
JACK NICKLAUS
SIGNATURE GOLF COURSE

Food and wine
pairing WITH
NEIL ELLIS

30 MAY 2024

[Book now](#)

[View the menu here](#)



VAL DE VIE

PEARL VALLEY
JACK NICKLAUS
SIGNATURE GOLF COURSE

The VALLEY
RESTAURANT
PRESENTS

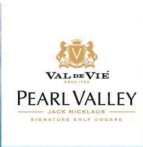
Dinner with
JAK DE
PRIESTER

Wednesday
12 JUNE

BOOK NOW

R250PP
LIMITED TICKETS
AVAILABLE

THE VALLEY RESTAURANT SIGNATURE LOUNGE | FROM 18:00



FROM
18:00

SEAFARER'S SUPPER CLUB

SEAFOOD CUISINE

THURS
6 JUNE



JOIN US AT THE VALLEY RESTAURANT FOR
A DELIGHTFUL EVENING OF DELICIOUS
SEAFOOD CUISINE

BOOK NOW

[View the menu here](#)



EVERY TUESDAY
FROM
17:00

ENJOY A DELICIOUS
PASTA OR PIZZA
FOR JUST
R 135

INCLUDES A
COMPLIMENTARY
Dessert

MAKE YOUR RESERVATION
WhatsApp: 071 644 6743 | Call: 021 867 8000

Bookings are essential

SELA VIE

UP NEXT *at* SELA VIE

MOTHER DOUGH | DINNER-TO-DOOR

NEW OFFERING
at
Sela Vie
MOTHER DOUGH
1919
COMING 23 MAY 2024
PURCHASE A LOAF OF FRESHLY BAKED SOURDOUGH BREAD AND GET 10% OFF YOUR COFFEE.
VALID 23 MAY ONLY. 1 PER CUSTOMER.

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SOURDOUGH GOODS
FROM FRANSCHHOEK
Daily

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DINNER to your DOOR
Monday - Thursday | Directly to your door!
ONLY 30 PORTIONS AVAILABLE PER NIGHT

MONDAY
Creamy roasted butternut orzo pasta with with danish feta and roasted pumpkin seeds
R300 for 2 people

TUESDAY
Smash beef burger on a brioche bun, grilled onions, fresh tomato and a smokey aioli with fries or salad
R300 for 2 people

WEDNESDAY
Prawn and coconut curry with rice, toasted coconut and pineapple salsa
R350 for 2 people

THURSDAY
Bacon pesto pasta with roasted cherry tomatoes and feta
R300 for 2 people

Kids Menu

MONDAY: Roasted butternut pasta
TUESDAY: Chicken balls with rice and grilled broccoli
WEDNESDAY: Mac and cheese
THURSDAY: Crispy chicken wrap

R90 PER CHILD

DELIVERIES POWERED BY PLATINUM WHEELS

Book now



TASTE OF PORTUGAL

JOIN SELA VIE FOR A DELIGHTFUL EVENING
WITH PORTUGUESE INSPIRED CUISINE!



BOOK THROUGH DINEPLAN

[Book now](#)

YOU ARE INVITED TO
**KARAOKE
NIGHT
PARTY**



**DATE: FRIDAY | 31 MAY 2024
TIME: 17H00 - 21H00**

UNwine'd Friday

Let's get together
and sing along!

Invite your friends and neighbours
and celebrate the start of the weekend
with

"COACH LOFFIE"

leading the first karaoke evening
for the winter.



L'HUGUENOT
VINEYARDS



scan barcode

Join our WhatsApp Wine Community
for special offers, events and more...
E: experience@lhuguenot.com | T: 021 876 8037



ON THE MENU

Enjoy delicious Butter Chicken and basmati rice
with Papadum for only R135 per portion

Bookings are essential!

JOIN OUR WINE LOVING COMMUNITY AND HAVE FUN!



Wine OF THE MONTH



POLO CLUB MERLOT | 2022

Order online www.villagedeli.co.za
and receive a 10% discount if you
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Discount code: WINEOFTHEMONTH



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when you buy any
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Residents' Discount

Residents receive **10% OFF*** selected treatments.



*10% off cannot be redeemed in conjunction with any other promotion. Valid for residents on selected days only at Val de Vie Estate

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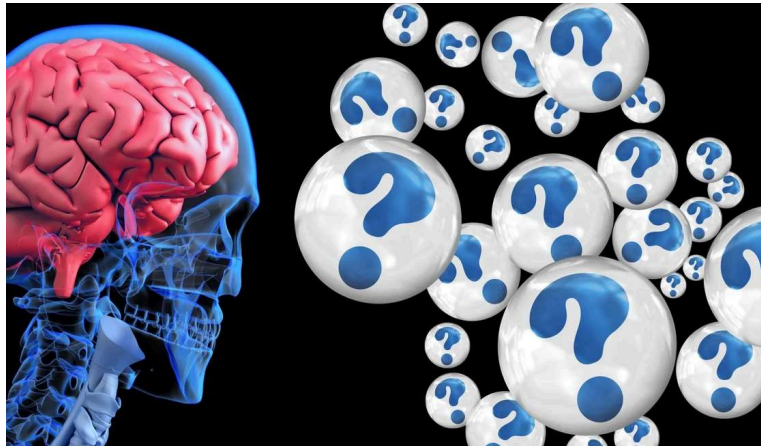
Massage Mondays
10% OFF all 30 - 90min Massages

Tips and Toes Tuesday
10% OFF Deluxe Spa Manicure or Pedicure, Gelish Manicure or Pedicure, or Nail Care & Gelish

Waxing Wednesday
10% OFF all Waxing treatments

Thalgo Thursday
10% OFF all Thalgo Body Treatments and Facials

CS BIKINETICISTS



What is a TIA (Transient Ischemic Attack)?

The Warning Attack:

- A TIA is a short period of symptoms similar to those of a stroke.
- About 1 in 3 people who have a TIA will eventually have a stroke.

What to look out for:

- Slurred speech
- Numbness in the face or paralysis
- Feeling faint or vertigo
- Muscle weakness
- Impaired coordination
- Blurred vision
- Confused speech or mental confusion

If you require further information or assistance with treatments, please contact the CS Biokineticists team at 0764087608 / 0662680611 or send an email to csbiokineticists@gmail.com.



Discovery Vitality



NOW also AVAILABLE !!

Vitality HEALTH Check

earn up to 22 500 points

OPTIONS:

- Enhanced Health Check
- Standard Health Check
- Basic Health Check
- Kids Health Check



Vitality FITNESS Assessment

earn up to 10 00 points

CONTACT us for your Health & Fitness assessments

DETAILS:

Cell: 0764087608

E-mail: csbiokineticists@gmail.com

CORNE STEENKAMP
biokineticists



PEARL VALLEY HOA

- 021 867 8000
- info@pvhoa.co.za
- debtors@pearlvalley.co.za (Levy Accounts enquiries)
- www.pvhoa.co.za

PEARL VALLEY CONTACT DETAILS

SECURITY

- Security Control Room - 021 867 1201
- Pearl Valley Main Gate - 021 867 1203
- Val de Vie Main Gate - 021 863 6110/6138
- Berg River Registration Centre - 021 863 6137

EMERGENCY CONTACT DETAILS

- ER24 Paarl - 084 124
- Paarl Mediclinic - 021 807 8000
- Medicross Paarl - 021 872 3867
- SAPS - 021 807 4000
- Ambulance - 101 77
- Paarl Fire Brigade - 021 872 2323
- Drakenstein Municipality - 021 807 4500
- Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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