
THE ESTATE'S WATER PRESSURE

Further to recent communications from the HOA regarding low water pressure across the Estate, Drakenstein has informed us that this will persist for the next few days.

The Municipality is carrying out repairs and maintenance on the main water line which supplies the entire Estate with water. This work includes cleaning the water filters each morning at around 09:00, at which time residents can expect a 10 to 15-minute water interruption.

The HOA will notify residents when further updates are received from Drakenstein.

NEW ADDITION TO THE PVHOA TEAM

The HOA is pleased to announce that Andries Roux has been appointed as the Building Control Officer for Pearl Valley and The Acres. This is a full-time appointment, taking over from the previous outsourced service provider, and reflects the increased workload and importance of the role following the incorporation of The Acres.

Andries has 31 years' experience in the construction industry and will be a great asset to the team.

His key function is to monitor all building work done on the Estate (new residences and alterations and additions) and ensure that all work is carried out properly in accordance with the approved building plans, the HOA's building rules and regulations and the Estate Rules.



ROAD SAFETY ON THE ESTATE

Speeding on the Estate's roads continues to be a serious problem, which the HOA is obliged to address in the interests of the safety of all road users.

The risks posed by speeding drivers to other road users, including golf carts, cyclists and children in particular, are simply too great to ignore.

The Estate has a maximum speed limit of 40km/h which is monitored and enforced by traffic officers employed by the Security contractor on behalf of the HOA. These officers are tasked with enforcing the Estate Rules, not the Road Traffic Act or any other legislation. They are fully trained and use calibrated equipment.

Speeding penalties are issued by the HOA in accordance with the Estate Rules Transgression Chart (see below for an extract).

We appeal to all drivers to exercise great care and patience on the Estate's roads and to be particularly mindful of children, cyclists and golf carts on the roads.

We also ask that parents educate and inform their children regarding road safety. Children on bicycles and scooters must also adhere to all applicable rules of the road.

[View Estate Rule 5 \(a\) here](#)

REMINDER: PVHOA WEBSITE

The HOA recently introduced a new website dedicated to provide residents with access to relevant Estate information and documents, all conveniently hosted on one platform.

The information includes:

- HOA Constitution
- Estate Rules
- Architectural Design Guidelines
- Building Rules and Regulations
- HOA accredited Estate Agents
- PV HOA Accounts Details, etc.

If you have not yet visited the website, you can do so by clicking the button below.

[Visit the PVHOA website here](#)



Join us in support of
Breast Cancer Awareness

October is **Breast Cancer Awareness Month** around the world, so we'd like to ask you to join us in the fight against breast cancer through a simple gesture – by donating your unwanted gently worn bras!

DONATION POINT | Pearl Valley HOA, at the Clubhouse

Get in Touch

PAM GOLDING
PROPERTIES



JUNIOR CLUB CHAMPIONSHIP 2022

One of the most important tournaments on the Junior Golf calendar is coming up on the 6th of November 2022. The Pearl Valley Academy's Juniors will be playing for bragging rights to be named the Junior Club Champion for 2022.

Last year's winner Dylan Kayne went on to win the senior Club Champs the following week.

The Junior Club Champs will have a few divisions catering to all levels of juniors.

Please see on the entry form for the perfect division that will suit the Junior.

We look forward to hosting a full field on Sunday and crowning a new Club Champ.



[Click here to download the Junior Club Champs' entry form](#)

PEARL VALLEY GOLF SHOP

New merchandise is now available at the Pearl Valley Golf Shop!

A request from Michael Jordan himself: the Jordan ADG 4 infuses an incredibly classic silhouette with retro Jordan flavour. Supple, full-grain leather shows off the iconic elephant print on the heel. The rubber sole has an integrated traction pattern that perfectly pairs the grip every golfer need with the versatility and comfort wanted.

To get in touch with the Golf Shop team, contact them at 021 867 8046.



VILLAGE DELI

Join La Motte Cellarmaster Edmund Terblanche for a very special Rosé tasting featuring La Motte's recently released Provençal-inspired 2022 Vin de Joie Rosé along an expertly curated selection of Rosé wines from well-known South African producers as well as acclaimed international estates.

Edmund will introduce you to the variety and versatility of Rosé, explaining why this style of wine can be much more than a sunset-sipper.

When: Thursday, 10 November from 18:00 – 19:00

Where: L'Huguenot Vineyards, Val de Vie

Cost: R200 per person

(Price includes a glass of bubbly on arrival, tasting of 6 rosé wines presented by Edmund Terblanche and a small pairing with the 2022 Vin de Joie Rosé)

To book: experience@lhuguenot.com

Bookings are essential | Only 40 tickets available



Join us every Friday with LIVE MUSIC at VILLAGE

Make sure to spare time to stop by the ViLLAGE deli this Friday.

From a quick stop for morning coffee at Fleet to a "boerewors broodjie" to grab and go, or whether you choose to end the day with LIVE music, a "Happy Hour" wine by the glass on your way to enjoying a cheese platter or two with a superior selection of wine to enjoy on the deck.

Live Music | Time: 14h00 – 17h00

Grab and Go Menu: [Click on the button below to view.](#)



[View the menu here](#)

A Wine of Joy!

Sometimes we find joy in the simplest things – like a slice of freshly baked bread and a beautiful glass of wine. Celebrating life's everyday joys, La Motte's new 2022 Vin de Joie Rosé is now available at L'Huguenot Vineyards.

Order 6 bottles between 1 and 11 November and we'll add a freshly-baked baguette to your delivery!
La Motte 2022 Vin de Joie Rosé
(price per case of six): R594
Email your order to: orders@lhuguenot.com

(Offer valid from 01 November 2022 -11 November 2022)



[View the tasting notes here](#)

CORNÉ STEENKAMP BIKINETICISTS

Functional Strength Training Tips

Another form of functional strength training is free-form workouts with free weights or a cable.

In a study, standing cable training was not superior to seated machine training in increasing physical performance in older persons. However, both training methods were found to be beneficial in enhancing function.

The findings also show that when prescribing resistance workouts to improve physical function in older persons, exercise specialization should be taken into account. (Balachandran et al., 2022)



For more information or to schedule an appointment, contact the Biokineticists team at:

 +27 76 408 7608

 csbiokineticists@gmail.com

CAMELOT SPA AT PEARL VALLEY

1. Soak your way to intensive comfort with the **Bellabaci SOS Muscle Recovery Bath Soak**, infused with CBD, aromatherapy and homeopathic remedies.

This product will help soothe tired muscles, relieve aches and pains and revive circulation, and can also be used as a relaxing foot soak and skin smoothing body polish.

2. Bellabaci Sport SOS Repair Ointment

Provide relief on the spot by applying it on the area of discomfort to quickly reduce inflammation, swelling and pain.

For product availability or to schedule an appointment, contact the Camelot Spa directly at:

 + 27 21 867 8001 / WhatsApp +27 66 354 0093

 valdeviemanager@camelotspa.co.za



CAMELOT SPA
VAL DE VIE

SUNDOWNERS SERIES

The 2022 Pearl Valley Sundowner Series is back with the next round of the Series taking place on Friday, 28 October 2022.

Please place your entry with the Pearl Valley Golf Shop team. To get in touch with them, please contact them directly at: 021 867 8046 / golfshop@pearlvalley.co.za

UNDER ARMOUR

2022 PEARL VALLEY SUNDOWNER SERIES

25 MAR '22 | 6 MAY '22 | 27 MAY '22 | 24 JUN '22
29 JUL '22 | 26 AUG '22 | 23 SEP '22 | 28 OCT '22
25 NOV '22 | 16 DEC '22 | 27 JAN '23 | 24 FEB '23

THE 2022/23 UNDER ARMOUR SUNDOWNER SERIES PROMISES TO BE BIGGER AND BETTER THAN BEFORE WITH PEARL VALLEY AND DE ZALZE JOINING THIS YEAR'S SERIES, AND THE OPPORTUNITY FOR THE TOP FIVE FINISHERS ON THE ORDER OF MERIT TO WIN THROUGH TO THE FINAL AT PEARL VALLEY IN MARCH 2023, WHERE THE WINNER WILL WALK AWAY WITH A R15 000 UNDER ARMOUR MAKEOVER AS WELL AS GREAT PRIZES FROM KWV.

FORMAT: BETTERBALL STABLEFORD
ENTRY FEE: R295 (EXCL CART) AND R100 COMPETITION FEE
INCLUDES A SHARED PIZZA AND KWV CRUXLAND GIN

BOOKINGS: CONTACT THE PRO SHOP ON 021 867 8000

WWW.UNDERARMOUR.CO.ZA



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Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

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