



### HOA HOURS - LONG WEEKENDS

Please note the HOA office hours and the operating hours of the Pearl Valley Enrolment Centre and Estate Shuttle Bus Service for the coming holiday period:

DATE	PVHOA OFFICES	PV ENROLMENT CENTRE	ESTATE SHUTTLE BUS SERVICE
Thursday, 21 Mar (Human Rights Day)	Closed	Closed	Not operating
Friday, 22 Mar	08:00 – 16:00	08:00 – 17:00	Normal bus schedule
Fri, 29 Mar (Good Friday)	Closed	Closed	Not operating
Mon, 1 Apr (Family Day)	Closed	Closed	Not operating

In case of emergency, please contact the Security Control Room at 021 867 1201.

### PEARL VALLEY RECYCLING FACILITY

The HOA would like to remind residents that the recycling facility at the Pearl Valley Main Gate is primarily intended for small quantities of household recyclable materials. There are designated bins at the facility for each type of waste (glass, plastic, and paper).

The facility may not be used as a dump site for large amounts of waste, unwanted household goods, building materials, garden waste, etc.

Household refuse should be put out in black bins for collection by Drakenstein Municipality every Wednesday. Where this is not possible, e.g. if residents will be away during the week, household refuse in sealed plastic bags may be disposed of in one of the open skips at the recycling facility. The skips are cleared by a contractor every Tuesday and Thursday.

We appeal to residents to respect the facility and to report any misuse to the HOA immediately.

### UNAUTHORISED DRONES NOT PERMITTED ON THE ESTATE

The flying of drones anywhere on the Estate without the consent of the HOA is strictly prohibited in accordance with Estate Rule 8. This rule exists for security reasons, as well as to protect residents' privacy, limit disturbances, and generally enhance the residential ambience and lifestyle within the Estate.

Anyone wishing to use a drone on the Estate is required to complete and submit a drone application form, which can be found on the PVHOA website ([www.pvhoa.co.za](http://www.pvhoa.co.za)) under the "Additional Information" tab. The form must be completed and submitted to the HOA's Compliance Officer, Jacobus Petzer ([jacobus.petzer@pvhoa.co.za](mailto:jacobus.petzer@pvhoa.co.za)) at least 48 hours before the date of the proposed flight.

HOA consent is usually only granted for specific marketing or security purposes, and for special

events. Residents who might be affected will be notified in advance whenever such approval is given.



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## PEARL VALLEY GOLF

### Teams for prestigious 2024 Africa events announced

Seven new caps will make their debut for South Africa in two prestigious African team events sponsored by The R&A and hosted by the Africa Golf Confederation in April and May, one of whom is a Pearl Valley member, Dylan Kayne. Dylan has been awarded junior national colours for the All Africa Junior Teams Championship in South Africa.

















Congratulations, Dylan! Hard work does pay off. All the best for the upcoming championship; it is a well-deserved opportunity to represent our club, country, and GolfRSA on the international stage.



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### Alessia Goussard - Western Province Amateur Stroke Play Championship Result

Pearl Valley would like to congratulate Alessia Goussard on finishing in 7th place at the Western Province Amateur Stroke Play Championship held at Rondebosch Golf Club. She then progressed to the matchplay division, where she finished 3rd in her division. Well done, Alessia, and keep up the hard work.

Rank	Name	Club
1	 Odette Booysen	Royal Cape Golf Club
2	 Isabella Ferreira	George Golf Club
3	 Kesha Louw	Mount Edgecombe CC
4	 Kaitlyn van de Vyver	Royal Cape Golf Club
T5	 Nicola Schoeman	Bankenveld Golf Estate
T5	 Charlotte Millard	Killarney Country Club
T7	 Lara van Niekerk	George Golf Club
T7	 Heidi Pentz	Steenberg Golf Club
T7	 Cara Ford	Randpark Golf Club
T7	 Casey Twidale	Eagle Canyon
T7	 Alessia Goussard	Pearl Valley Golf Club
12	 Bobbi Brown	Steenberg Golf Club
T13	 Kamaya Moodliar	Umhlali Country Club
T13	 Vicki Traut	Erinvale Golf Club
T15	 Beverley Button	Metropolitan Golf Club
T15	 Jaden Visagie	King David Mowbray Golf Club



**FRIDAY 22 MARCH | 16:00 | R75PP**

*Bookings essential, limited spaces available.*

[Book now](#)





# Easter Lunch

*at The Valley Restaurant*

31 MARCH FROM 12:00

*Entertainment*

LIVE JAZZ DUO PERFORMANCE

*Complimentary*

KIDDIES EASTER EGGS

**BOOKINGS ESSENTIAL** (LIMITED AMOUNT OF SPACE AVAILABLE)

[View the menu](#)

[Book now](#)



EVERY TUESDAY  
FROM

**17:00**

ENJOY A DELICIOUS  
PASTA OR PIZZA  
FOR JUST

**R 135**

INCLUDES A  
COMPLIMENTARY

**Dessert**

**MAKE YOUR RESERVATION**

WhatsApp: 071 644 6743 | Call: 021 867 8000



# UP NEXT *at* SELA VIE

FREE-DOM FRIDAYS

EASTER LUNCH

DINNER-TO-DOOR



## FREE-DOM FRIDAYS

### FREE-DOM FRIDAYS

**22 MARCH | 14:00 - 17:00**  
GET ONE FREE KIDS MEAL  
WITH EVERY REGULAR MEAL ORDERED  
\*KIDS MUST BE UNDER 12  
SIT DOWN ONLY



### EASTER LUNCH

**1 APRIL | 12:30**  
SELA VIE INVITES YOU TO A DELICIOUS EASTER  
LUNCH WITH AN EASTER EGG HUNT FOR THE KIDS  
AND A SPECIAL VISIT FROM THE EASTER BUNNY  
**MAKE SURE TO BOOK YOUR SPOT**

## DINNER *to your* DOOR

**Monday - Thursday | Directly to your door!**  
**ONLY 30 PORTIONS AVAILABLE PER NIGHT**



### MONDAY

Roasted butternut and yogurt  
salad, baby spinach, pumpkin  
seeds, sumac yogurt dressing  
R300 for 2 people



### TUESDAY

Chicken grain bowl, brown rice,  
avo, feta, grilled corn, rainbow  
slaw, pickled onions  
R300 for 2 people



### WEDNESDAY

Grilled prawn pasta, in a  
spicy cream sauce with grilled  
prawns, chives, parmesan cheese  
R350 for 2 people



### THURSDAY

Steak bowl, brown rice, grilled  
corn, feta, avo and pickled red  
onions with tomatoes and  
fresh cucumber  
R300 for 2 people



## Kids Menu



**MONDAY:** Chicken strips & chips

**TUESDAY:** Chicken lasagne

**WEDNESDAY:** Butter spaghetti with  
parmesan cheese

**THURSDAY:** Cheese burger & chips

**R90 PER CHILD**



PLATINUM WHEELS

DELIVERIES POWERED  
BY PLATINUM WHEELS

Book now

**JUMPING CASTLE | LIVE BIG SCREEN TV  
KIDS PLAY AREA AND MORE...**



## SATURDAY *chill*<sup>n</sup>

Come and relax  
with your family and friends this Saturday!  
From 12h00 until closing...

**WINE TASTING  
R55 FOR 4 WINES**



*Special offer*

**10% DISCOUNT  
ON ALL CRUSTED PIZZA**

**+  
BUY 1 GET 1 FREE  
BEER ON TAP / GIN ON TAP**





**SPITBRAAI**   
with LIVE MUSIC BY JUAN CASEY

DATE: FRIDAY, 19 APRIL 2024  
Book your Spitbraai ticket | R200 per person



Wine  
OF THE MONTH



VAL DE VIE CUVEÉ DE VIE

Order online [www.villagedeli.co.za](http://www.villagedeli.co.za)  
and receive a 10% discount if you  
order six bottles or more!

Discount code: WINEOFTHEMONTH



10%  
OFF

When you purchase 6 bottles of the selected  
THE PIERNEEF COLLECTION

Pierneef Sauvignon Blanc  
Pierneef Syrah Viognier

[www.villagedeli.co.za](http://www.villagedeli.co.za)



VILLAGE  
déli

Get 10% off when you buy any six bottles  
of the Culinaría Collection during MARCH!  
Order [www.villagedeli.co.za](http://www.villagedeli.co.za)



## CS BIKINETICISTS



### ACL Injury

*The purpose of the ACL:* It prevents the tibia from moving anteriorly during weight bearing.

*How do you get this injury:* When your knee is externally rotated with 10-30 degrees flexion with the aim to suddenly change direction from a planted foot.

*Can exercise as a form of rehabilitation help with this injury?* Yes!

*How can CS Biokineticists assist?* We give evidence-based rehabilitation exercises to help relieve pain and strengthen your knee, to help get you back on the field!

If you require any rehabilitation, please contact the CS Biokineticists team at 0764087608 / 0662680611 or send an email to [csbiokineticists@gmail.com](mailto:csbiokineticists@gmail.com).

## CAMELOT SPA

### March Specials

#### SPA SERENITY

60min Swedish Body Massage  
30min Salt Glow Body Scrub

**R1050 | Save R280**

*\*Add Elixinol CBD Oil to your massage for an additional R100*  
**Save R60**

#### MOMMY & ME\*

20min Hand Massage or Nail Paint  
20min Foot Massage or Nail Paint  
20min Back Massage

**R1600 for Two | Save R220**

*\*Only for an adult and a child aged 12 years or younger.*

**BOOK NOW!**

**CAMELOT SPA**  
VAL DE VIE



Contact the team at:  
Email: [valdevie@camelotspa.co.za](mailto:valdevie@camelotspa.co.za)  
Phone: 021 867 8001  
WhatsApp: 066 354 0093

#### PEARL VALLEY HOA

021 867 8000  
[info@pvhoa.co.za](mailto:info@pvhoa.co.za)  
[debtors@pearlvalley.co.za](mailto:debtors@pearlvalley.co.za) (Levy Accounts enquiries)  
[www.pvhoa.co.za](http://www.pvhoa.co.za)

#### PEARL VALLEY CONTACT DETAILS

##### SECURITY

Security Control Room - 021 867 1201  
Pearl Valley Main Gate - 021 867 1203  
Val de Vie Main Gate - 021 863 6110/6138  
Berg River Registration Centre - 021 863 6137

##### EMERGENCY CONTACT DETAILS

ER24 Paarl - 084 124  
Paarl Mediclinic - 021 807 8000  
Medicross Paarl - 021 872 3867  
SAPS - 021 807 4000  
Ambulance - 101 77  
Paarl Fire Brigade - 021 872 2323  
Drakenstein Municipality - 021 807 4500  
Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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