



### BOMA MAINTENANCE UPDATE

Essential repairs are scheduled to begin at the Boma next week due to the recent flooding of the Berg River. The work will include removing the existing lawns, levelling the ground, and planting new grass. Kindly note that access to the Boma will not be permitted whilst the work is ongoing, and we ask residents to please keep away from the area until further notice.



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### UPDATE: ROAD WORKS RESCHEDULED - JACK NICKLAUS BOULEVARD

The resurfacing of Jack Nicklaus Boulevard has been rescheduled to next week due to unforeseen circumstances on the contractor's side. A reminder that Stop/Go controls will be in effect and some traffic delays should be expected. Please be patient and drive with extra caution.

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## New VOTING STATION ON THE ESTATE

YOUR 2024 VOTING DAY WILL BE HASSLE-FREE, WITH NO LONG QUEUES AND IN THE COMFORT OF THE PLACE YOU CALL HOME. YOUR VOTE MATTERS, BUT TO BE ABLE TO VOTE, **YOU HAVE TO RE-REGISTER WITH THE IEC.**

## REGISTER *to* VOTE

### ONLINE

[registertovote.elections.org.za/Welcome](https://registertovote.elections.org.za/Welcome)

If you registered online and received an sms stating the following voting station: E De Waal Church, please contact [Marketing@valdevie.co.za](mailto:Marketing@valdevie.co.za)

### REGISTER IN-PERSON

18 & 19 NOV  
VILLAGE DELI  
08:00 – 11:00

Bring your South African ID/Passport

[Click here to register to vote](#)

### VAL DE VIE APP | SOFTWARE UPDATE

Maintaining an optimal user experience is important, and that's why we encourage you to stay up to date with our application software updates. By ensuring your applications are up to date, you'll benefit from enhanced functionality, stability, improved user experience, and security, ensuring that the app runs seamlessly and efficiently. Ignoring updates may lead to compromised performance and potential errors.

Here is a quick reminder of the steps to update your app. Please note that should the word "Open" display instead of "Update" in the App Store, it means your app is already on the latest version.

Updating the app is easy and will only take a few moments. How to Update the App:

#### For iOS Users:

- Open the App Store on your device.
- Tap on your profile picture/icon in the top right corner.
- Scroll down to the "Available Updates" section.
- Locate the Val de Vie app and tap "Update." Please note that should the word "Open" display instead of "Update" in the App Store, it means your app is already on the latest version.

#### For Android Users:

- Open the Google Play Store on your device.
- Tap on your profile picture/icon in the top right corner.

- Select "Manage apps and devices."



## REMINDER: OPPORTUNITY TO GET DOCUMENTS CERTIFIED

Louis de Jager, the Estate's Security Consultant, is a qualified Commissioner of Oaths. He is available at the HOA office in the Pearl Valley Clubhouse between 09:00 and 10:00 on Wednesday mornings. Residents are welcome to bring any documentation that requires certification.

## PEARL VALLEY GOLF

### Langebaan Open Results

The annual Langebaan Open and Junior Championship took place on Saturday 15 October. A 61-player field enjoyed a perfect day at Langebaan Golf Estate.

Pearl Valley golfers **Dylan Kayne**, **Gerhard van der Merwe** and **Oliver Scriven** were all tied for the lead on a score of 70 (-2).

After four-play of holes, Dylan Kayne was crowned the 2023 Langebaan Open Champion! The runner-up is Oliver Scriven, followed by Gerhard van der Merwe in third place.

Congratulations to Dylan, Gerhard, and Oliver on your excellent performance!



**Langebaan Open**  
18 Holes Stroke Play & Stableford  
Langebaan Golf & Sports Club, 15 October 2023



Pos	Par	Name	Club	Union	Result
		Gross - Male - Open			Gross
1	-2	Dylan Kayne	Pearl Valley Golf Club	BL	70
2	-2	Oliver Scriven	Pearl Valley Golf Club	BL	70
3	-2	Gerhard Jr van der Merwe	Pearl Valley Golf Club	BL	70

### Team Pearl Valley won the Drummond Cup

The 2023 Winelands Estate Challenge, formerly known as The Drummond Cup, featured 8 players representing each club (De Zalze, Erinvale, Arabella, Steenberg). There were 4 men and 4 ladies who competed in the Betterball Stableford competition and fought for top honours. Each of the 4 betterball pairing scores was added together at the end to result in one Team Total Score.

Players could choose which course (colour tee) they wanted to play from and adjust the handicap accordingly. For the Betterball Stableford competition, 85% of the course handicap had to apply.

The Drummond Cup, going forward, is being played at one of the five courses on a rotating basis, giving each course the opportunity to host the event each year. Congratulations to Team Pearl Valley who won the Drummond Cup by just one point.





### Ladies Golf Clinic

Every Wednesday morning from 9:00 – 10:00

- Driving range work (long game and approach play)
- Swing analysis
- Short game skills (putting and chipping)
- Monthly competitions
- Bunker play
- On-course management and situational training
- Performance psychology coaching

For more information, please contact James Wade at 082 435 5831 or via email [james.wade@pearlvalley.co.za](mailto:james.wade@pearlvalley.co.za).

### THE VALLEY RESTAURANT



19 OCTOBER 2023

*The Valley Restaurant Signature Lounge*

18:00 – 20:00  
R650 per person

  
KLEINE ZALZE  
STELLENBOSCH

### Cancellation Policy

72 hours in advance – full refund  
48 hours in advance – 50% refund

*Book now: [restaurant2@pearlvalley.co.za](mailto:restaurant2@pearlvalley.co.za)*

Book now



## *The* VALLEY RESTAURANT BAR

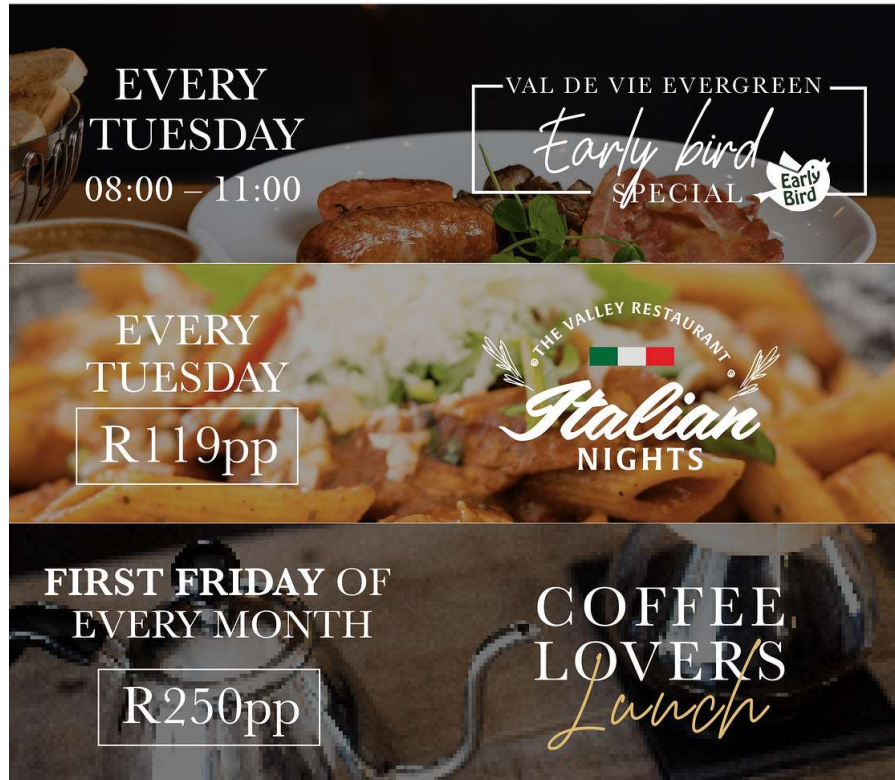
THE RUGBY WORLD CUP SEMI-FINALS WILL BE LIVE STREAMED FOR RESIDENTS TO ENJOY. DRINK SPECIALS WILL ALSO BE AVAILABLE ON BOTH EVENINGS.



**Secure Your Spot:**

WhatsApp: 071 644 6743 | Call: 021 867 8000

*Up next at* **The VALLEY  
RESTAURANT**



SELA VIE



# UP NEXT *at* SELA VIE



*Cocktails  
and Beer*

**THURSDAY & FRIDAY  
FROM 16:00-17:00**

BUY A COCKTAIL OR BEER &  
SECOND ONE HALF PRICE

JOIN US FOR THE RIVETING QUARTER-FINAL MATCHES

**FRIDAY, 20 OCT & SATURDAY, 21 OCT  
FROM 18:00**

WATCH THE GAME ON OUR 150-INCH BIG SCREEN

*buy one get one free*  
ANY COCKTAIL OR BEER | FROM 18:00



*join us for*  
**RAAF**

**WEDNESDAY, 25 OCT  
ARRIVAL AT 18:30**

WE ARE FULLY BOOKED INSIDE, BUT WE STILL HAVE  
SOME FANTASTIC OUTDOOR SEATS AVAILABLE AT  
**R200 PER PERSON**

BOOK THROUGH DINEPLAN | [WWW.SELAVIE.CO.ZA](http://WWW.SELAVIE.CO.ZA)

Book now

L'HUGUENOT VINEYARDS

VAL DE VIE  
L'HUGUENOT  
VINEYARDS

# UN wine d Friday

BOOKINGS ARE ESSENTIAL  
EXPERIENCE@LHUGUENOT.COM

VILLAGE  
deli

FRIDAY, 20 OCT | 5PM - 9PM

LIVE MUSIC SPONSORED BY

PAM GOLDING  
PROPERTIES

Jumping Castles, Lawn Games, Face Painting and more...



WINE | BEER | PIZZA | KIDS PLAY AREA | GRAB & GO MEALS



VAL DE VIE  
L'HUGUENOT  
VINEYARDS

Let's help!

Do you need a venue for  
a *staff year-end event*?

**With our spacious lawns, marquee tent and cosy wine lounge,  
L'Huguenot Vineyards can offer you the perfect setting for your  
year-end function where you can end your work-year on a high!**

All our wines are available at cellar door prices and we have an amazing catering team that  
will be able to satisfy your food needs with a spitbraai or more...

Contact us to arrange a personalised, fun event with delicious food and wine.

Contact us: E [experience@lhuguenot.com](mailto:experience@lhuguenot.com) T 021 876 8847



Special

**Buy a bottle of LA MOTTE VIN DE JOIE ROSE 2022  
and receive a 10% discount per bottle!**  
Discounted price | R99 per bottle

VILLAGE  
deli

the ultimate sunshine-sipper...





#### SERVICES

Comprehensive cleaning for the external aspects of your house, incl solar panels and all glass surfaces



#### AVAILABILITY

Call now to secure a booking that suites your schedule



#### OPERATOR

Cobus manages our skilled trustworthy team of Enock and Kenny who are always happy to assist



#### ASSIST

For all assistance, be it moving furniture or offloading heavy items, we're here to help

# SINGAMANDLA

## CLEANING & ASSIST

For cleaner homes and assistance you can rely on.



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kristin@singamandla.co.za



VAL DE VIE  
FOUNDATION  
*a better life for all*

## SHARE THE JOY OF *Christmas*

The Val de Vie Foundation is hosting a Christmas party for 54 children of Monte Christo Miqlat in Paarl on 30 November 2023. Please assist us in providing each child with a box filled with toys.

*The children are between 3 - 5 years old.*



#### ITEMS TO INCLUDE:

TEA SETS | CARS | BARBIES | DOLLS | BOYS TOYS |  
MAKE-UP SETS | BALLS | AND ANY OTHER  
AGE APPROPRIATE GIFTS





VAL DE VIE ESTATE  
**GARDEN**  
of the year  
COMPETITION



# PRIZE GIVING

Show your  
support for  
our talented  
gardeners

THE TENT AT L'HUGUENOT CELLAR  
SATURDAY 21 OCTOBER | 08:00 – 11:00



IN PARTNERSHIP WITH  
BRENTBURST WEALTH  
[www.bwm.co.za](http://www.bwm.co.za)



COSMAFOLIA  
NATURALIST FARMERS



## CAMELOT SPA

 Breast Cancer  
Awareness Month



## OCTOBER SPECIAL

### Weekday Spa Retreat

60min Thalgo Hyalu-Procollagene Wrinkle Correcting Treatment  
60min Swedish Massage  
60min Deluxe Spa Pedicure  
60min Deluxe Spa Manicure

**R3 550 | SAVE R670**

Valid Monday - Thursday until 31<sup>st</sup> October 2023

**CAMELOT SPA**  
Your World Of Wellness

Val de Vie Estate  
021 867 8001  
[valdevie@camelotspa.co.za](mailto:valdevie@camelotspa.co.za)  
[www.camelotspa.co.za](http://www.camelotspa.co.za)



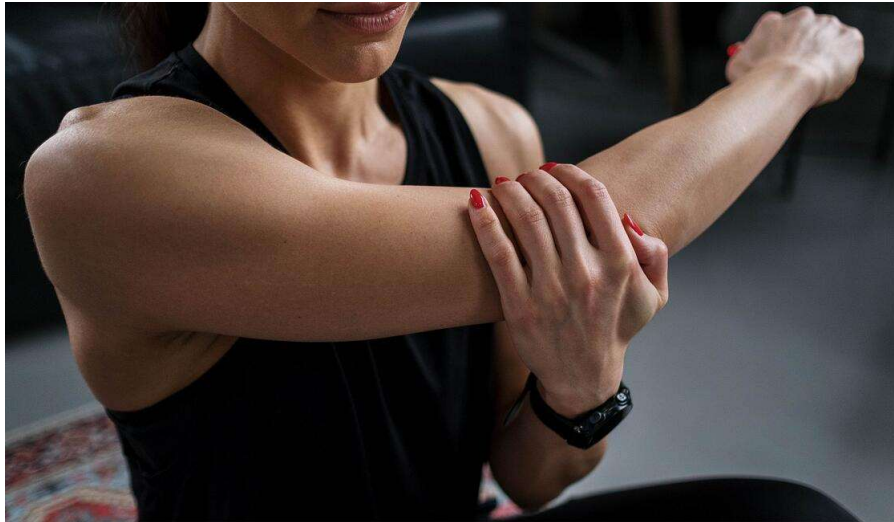
## CS BIKINETICISTS

### Lateral Epicondylitis (Tennis Elbow)

#### *What is it?*

The most common overuse injury is the elbow. It is a tendinopathy injury involving the extensor muscles of the forearm. These muscles originate on the lateral epicondylar region of the distal humerus.

The first steps in treating tennis elbow involve reducing inflammation and resting the irritated muscles and tendons. Ice and compression can be helpful. Then, you can start gentle exercises to strengthen the muscles and prevent a recurrence. For professional assistance, please contact the CS Biokineticists team for therapy at 0764087608 / 0662680611 or send an email to [csbiokineticists@gmail.com](mailto:csbiokineticists@gmail.com).



#### PEARL VALLEY HOA

- ☎ 021 867 8000
- ✉ [info@pvhoa.co.za](mailto:info@pvhoa.co.za)
- ✉ [debtors@pearlvalley.co.za](mailto:debtors@pearlvalley.co.za) (Levy Accounts enquiries)
- 🌐 [www.pvhwa.co.za](http://www.pvhwa.co.za)

#### PEARL VALLEY CONTACT DETAILS

##### SECURITY

- ☎ Security Control Room – 021 867 1201
- ☎ Pearl Valley Main Gate - 021 867 1203
- ☎ Val de Vie Main Gate - 021 863 6110/6138
- ☎ Berg River Registration Centre - 021 863 6137

##### EMERGENCY CONTACT DETAILS

- ☎ ER24 Paarl - 084 124
- ☎ Paarl Mediclinic - 021 807 8000
- ☎ Medicross Paarl - 021 872 3867
- ☎ SAPS - 021 807 4000
- ☎ Ambulance - 101 77
- ☎ Paarl Fire Brigade - 021 872 2323
- ☎ Drakenstein Municipality - 021 807 4500
- ☎ Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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