



ERRATUM - PEARL VALLEY LADIES OPEN 2024

Please note that the Newsletter issued yesterday contained a few errors in the article about the Ladies Open event. These errors have now been corrected and we apologise to everyone concerned for any inconvenience.

Greg van Heerden
Estate Manager

PEARL VALLEY GOLF



Pearl Valley Ladies Open 2024

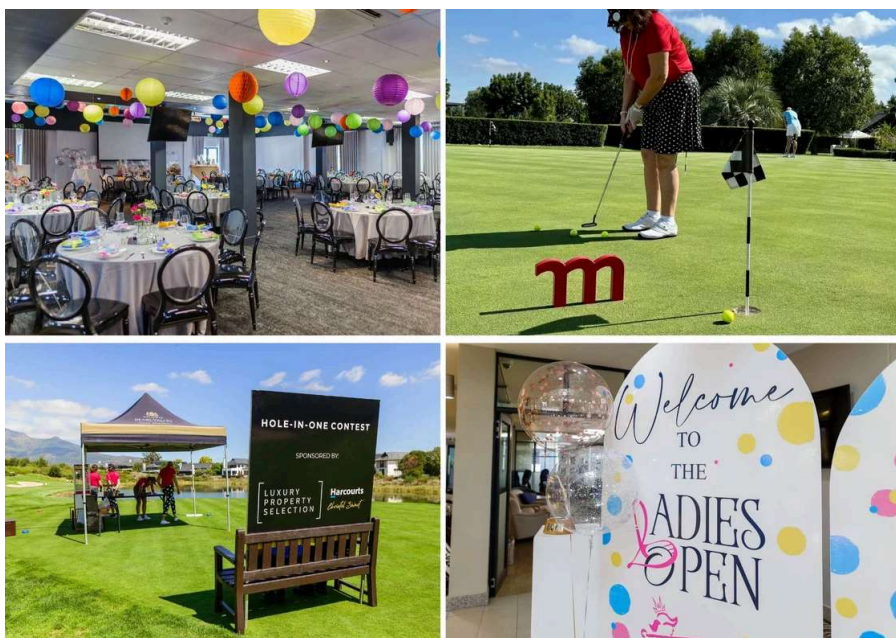
The Pearl Valley Ladies Open this year in association with Momentum Corporate and Harcourts Luxury Properties Selection - Christel Swart celebrated its 10th year Anniversary. Once again a real treat for our 128 ladies from around the Globe.

Congratulations to this year's winners:

- First place: Maggie Minnie & Litha Matthyssen
- Second place: Vicki Lorenzen & Lize Pecoraro
- Third place: Dot Fraser & Sarah van Lear



We would like to express our gratitude to our wonderful partners, without whom the event would not have been possible. Thank you for making the day extra special!



[View the score sheet here](#)

Quick tip - Keeping our fairways flawless!

Our preferred divot repair process:

Step 1: Place the divot back into the hole created by the shot.

Step 2: Spread sand over the edges of the divot.

Step 3: Using some light pressure, push down on the divot and sand to ensure the surface is level again.

Join us on the fairways: golf@pearlvalley.co.za.



Sold before listing within one viewing
If you are thinking of selling, get in touch.

Pearl Valley Area Specialists



Jordan Greenhalgh | 083 298 1481

Registered with the PPRA - Full Status FFC

Amy Anley | 060 693 5533

Registered with the PPRA - Candidate FFC

Get in touch

Pam Golding Properties (Pty) Ltd - Pearl Valley Estates, Registered with the PPRA.
Holder of a Business Property Practitioner FFC Operating a Trust Account.
W: +27 21 300 1658 | E: pearlvalleyestates@pamgolding.co.za

An International
Association of Savills

“

We worked with Amy and Jordan, who were both utterly professional and efficient in marketing and concluding the sale of our property for us. They met our every expectation, and are a credit to Pam Golding and its brand.

”

Mark & Freda O'Malley



R16.95 million | Hanbury Manor Lane, Pearl Valley Estate

*Listing price quoted

St PaTriCK's WeeKeNd

at The Valley Restaurant

SATURDAY 16 MARCH

Meals | R145pp

SERVED WITH A COMPLIMENTARY
GUINNESS DRAUGHT

[View the menu](#)

[Book now](#)



FRIDAY 22 MARCH | 16:00 | R75PP

Bookings essential, limited spaces available.

[Book now](#)



Easter Lunch

at The Valley Restaurant

31 MARCH FROM 12:00

Entertainment

LIVE JAZZ DUO PERFORMANCE

Complimentary

KIDDIES EASTER EGGS

BOOKINGS ESSENTIAL (LIMITED AMOUNT OF SPACE AVAILABLE)

[View the menu](#)

[Book now](#)





EVERY TUESDAY
FROM
17:00



ENJOY A DELICIOUS
PASTA OR PIZZA
FOR JUST
R 135



INCLUDES A
COMPLIMENTARY
Dessert

MAKE YOUR RESERVATION
WhatsApp: 071 644 6743 | Call: 021 867 8000



UP NEXT *at* SELA VIE

SIP 'N SHOP

EASTER LUNCH

DINNER-TO-DOOR



CYLA GONSOLVES

Lace + Lamb
KIDS COUTURE
alicasa
anna rosholt

SIP 'N SHOP

16 MARCH | 9:00 - 13:00

JOIN US FOR A MORNING OF
SHOPPING ACCOMPANIED BY
REFRESHING MIMOSAS
JEWELLERY | CLOTHING | HOMEWARE



EASTER LUNCH

1 APRIL | 12:30

SELA VIE INVITES YOU TO A DELICIOUS EASTER
LUNCH WITH AN EASTER EGG HUNT FOR THE KIDS
AND A SPECIAL VISIT FROM THE EASTER BUNNY
MAKE SURE TO BOOK YOUR SPOT

DINNER *to your* DOOR

Monday - Thursday | Directly to your door!
ONLY 30 PORTIONS AVAILABLE PER NIGHT

MONDAY

Roasted cauliflower quinoa bowl
with macerated tomatoes, feta,
fresh avo, pumpkin seeds &
yogurt dressing
R300 for 2 people

TUESDAY

Lemon chicken orzo pasta, baby
spinach, feta, roasted tomatoes
& a creamy lemon sauce
R300 for 2 people

WEDNESDAY

Spicy grilled prawn poke bowl, sushi
rice, pineapple, pickled ginger,
rainbow slaw, edamame beans, fresh
avo & Sriracha dressing
R350 for 2 people

THURSDAY

Beef strips in a creamy
tomato sauce, fresh baby
spinach, roasted tomatoes
and feta with tagliatelle
R300 for 2 people

Kids Menu



MONDAY: Crispy fish & chips
TUESDAY: Creamy beef mince shells
WEDNESDAY: Bacon & feta pizza
THURSDAY: Mac & cheese

R90 PER CHILD*



DELIVERIES POWERED
BY PLATINUM WHEELS

Book now



Wine OF THE MONTH



VAL DE VIE CUVEÉ DE VIE

Order online www.villagedeli.co.za
and receive a 10% discount if you
order six bottles or more!

Discount code: WINEOFTHEMONTH

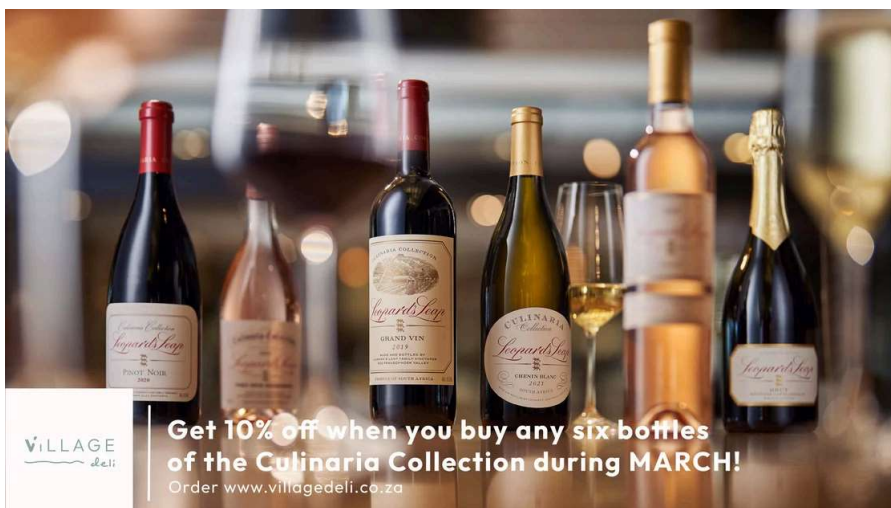


10% OFF

When you purchase 6 bottles of the selected
THE PIERNEEF COLLECTION

Pierneef Sauvignon Blanc
Pierneef Syrah Viognier

www.villagedeli.co.za



Get 10% off when you buy any six bottles
of the Culinaris Collection during MARCH!
Order www.villagedeli.co.za

CS BIKINETICISTS



Shoulder Impingement Injuries

What is it? This common shoulder disorder occurs due to the compression of the rotator cuff tendons underneath the acromion process, caused by the narrowing of the subacromial space.

Aetiology: The long head of the biceps tendon, supraspinatus tendon, and subacromial bursa are often aggravated during the elevation of the humerus in the shoulder joint.

Pathology: It is a chronic repetitive mechanical process where the rotator cuff tendons experience repetitive compression and micro-trauma as they move underneath the coraco-acromial arch. Other contributing factors include shoulder bursitis, which is caused by friction between tendons, bone, and muscle, resulting in inflammation and thereby decreasing the subacromial space.

If you require any rehabilitation, please contact the CS Biokineticists team at 0764087608 / 0662680611 or send an email to csbiokineticists@gmail.com.

CAMELOT SPA

March Specials

SPA SERENITY

60min Swedish Body Massage
30min Salt Glow Body Scrub

R1050 | Save R280

**Add Elixinol CBD Oil to your
massage for an additional R100
Save R60*

MOMMY & ME*

20min Hand Massage or Nail Paint
20min Foot Massage or Nail Paint
20min Back Massage

R1600 for Two | Save R220

**Only for an adult and a child aged 12
years or younger.*

BOOK NOW!

CAMELOT SPA^S
VAL DE VIE



Contact the team at:
Email: valdevie@camelotspa.co.za
Phone: 021 867 8001
WhatsApp: 066 354 0093

PEARL VALLEY HOA

☎ 021 867 8000
✉ info@pvhoa.co.za
✉ debtors@pearlvalley.co.za (Levy Accounts enquiries)
🌐 www.pvhoa.co.za

PEARL VALLEY CONTACT DETAILS

SECURITY

☎ Security Control Room – 021 867 1201
☎ Pearl Valley Main Gate - 021 867 1203
☎ Val de Vie Main Gate - 021 863 6110/6138
☎ Berg River Registration Centre - 021 863 6137

EMERGENCY CONTACT DETAILS

☎ ER24 Paarl - 084 124
☎ Paarl Mediclinic - 021 807 8000
☎ Medicross Paarl - 021 872 3867
☎ SAPS - 021 807 4000

☎ Ambulance - 101 77
☎ Paarl Fire Brigade - 021 872 2323
☎ Drakenstein Municipality - 021 807 4500
☎ Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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