



### REMINDER: PVHOA ANNUAL GENERAL MEETING 2023

The HOA would like to remind Members that the 2023 Annual General Meeting ("AGM") will be held on Thursday, 31 August, starting at 6:00 PM. Members have the option to attend the AGM either in person or virtually through the online platform (Lumi). The link for online attendance will be published closer to the time.

Please note that clause 14.2 of the Constitution stipulates that participation in the AGM will be restricted to Members who are in good standing with both their levy accounts *and* golf club subscriptions.

Please refer any questions to the HOA via [info@pvhoa.co.za](mailto:info@pvhoa.co.za).

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### PEARL VALLEY GOLF ACADEMY



Trevor Mahoney and Cedric Rooi claimed the title of the 2023 Boland Foursomes Champions at De Zalze Golf Club on Sunday, August 6th. The formidable partnership of Pearl Valley's frontline staff maintained a shared lead after completing the initial 18 holes with a score of 71 (-1). They wrapped up their remarkable performance with a final score of 73 (+1) and an impressive tally of 11 birdies, securing a victory at par level by a narrow one-stroke margin.

Well done, Trevor and Cedric!

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### How to maximise performance with your driver:

The driver is a valuable club in your golf bag, as it sets you up for easier approach shots on your 2nd and 3rd shots onto the greens.

*Common mistakes with the driver include:*

- Improper setup
- Ball height on the tee
- Ball position
- The angle of the club as it approaches the ball
- Grip pressure

*Here are the steps to follow to achieve better results with your driver:*

- Your driver requires a wider stance width. By adopting a wider stance, golfers can achieve an improved turn and load into the right side of the body. This enables golfers to store and release more energy into the ball during the downswing and follow-through.
  - A favourable tee height for the driver is slightly higher. Ensure that half of the ball is positioned above the driver's clubface. This adjustment allows golfers to swing more upward at the ball, rather than downward.
  - The ideal ball position for the driver is just inside the left big toe.
- Remember, the driver tees the ball up, so the club should be ascending as it approaches the ball.
- Apply a gentler grip pressure when preparing to swing the driver. This enables the golf club to swing freely, resulting in increased swing and club speed, as well as ball speed.

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# SAVE *the* DATE



**MEMBERS CHARITY  
GOLF DAY  
21 OCTOBER 2023**



**CLUB CHAMPIONSHIP  
4 AND 5 NOVEMBER 2023**



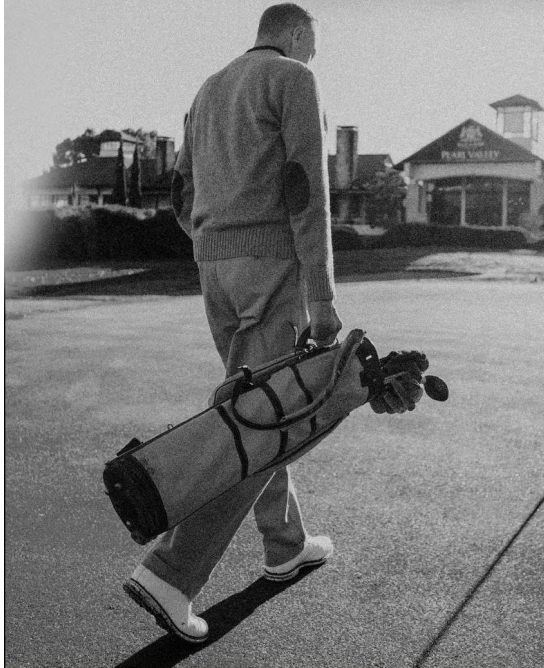
**PEARL VALLEY'S 20<sup>TH</sup>  
BIRTHDAY CELEBRATION  
17 AND 18 NOVEMBER 2023**

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# Celebrity GOLF DAY

PEARL VALLEY JACK NICKLAUS  
SIGNATURE GOLF COURSE



12 OCTOBER 2023

R12 000 (VAT INCLUSIVE)  
PER THREE BALL  
10:00 REGISTRATION OPENS  
12:30 SHOTGUN START

FOUR BALL ALLIANCE | TWO  
SCORES TO COUNT AND ALL ON  
PAR 3'S | WE ALLOCATE A  
CELEBRITY PER TEAM TO MAKE UP  
THE FOUR BALL | PRIZE GIVING  
DINNER | LIVE ENTERTAINMENT |  
LIVE AUCTION WITH ALL FUNDS  
RAISED DONATED TO KHULA  
DEVELOPMENT

EMAIL [HANNAH.VANHEERDEN@VALDEVIE.CO.ZA](mailto:HANNAH.VANHEERDEN@VALDEVIE.CO.ZA) TO SECURE YOUR TEAM



[Click here to download the entry form](#)

THE VALLEY RESTAURANT

# FOOD & WINE PAIRING

*with Haute Cabrière*

- 17 AUGUST 2023 -



ANNO 1694  
HAUTE CABRIÈRE  
FRANSCHHOEK

## Food and Wine Pairing with Haute Cabrière

Join us at The Valley Restaurant for a refined four-course wine pairing menu with Haute Cabrière.

17 August 2023

R650pp

18:00 – 20:00

The Valley Restaurant Signature Lounge

Cancellation policy:

*72 hours in advance – full refund*

*48 hours in advance – 50% refund*

[Book now](#)

THE VALLEY RESTAURANT  
SPITBRAAI  
*experience*



Let **The Valley Restaurant** team cater for you and your guests at your next special occasion or gathering with a delicious **Lamb Spitbraai Experience**.

Available from R330 per person

Enquire now  
restaurant@pearlvalley.co.za  
021 867 8000

*Up next at* **The VALLEY RESTAURANT**

**EVERY TUESDAY**  
08:00 – 11:00

VAL DE VIE EVERGREEN  
*Early bird*  
SPECIAL

**EVERY TUESDAY**  
R119pp

THE VALLEY RESTAURANT  
*Italian*  
NIGHTS

**EVERY WEDNESDAY**  
Complimentary 500ml  
Stella Artois Draught with  
each curry ordered

THE VALLEY RESTAURANT  
*Curry*  
NIGHT

**LAST THURSDAY**  
OF EVERY MONTH

R120pp

**LAST THURS**  
DAYS

**FIRST FRIDAY OF**  
EVERY MONTH

R250pp

**COFFEE**  
LOVERS  
*Lunch*

# THE VALLEY RESTAURANT

## *Lucky Draw Special*

Spend **R1000** or more at your next visit to the Valley Restaurant and stand a chance to win **Haifa Turbo-K fertilizer** for one year, proudly sponsored by Henchem Environmental Management Solutions



ENTRIES ARE OPEN UNTIL  
**30 AUGUST**

THE DRAW WILL TAKE PLACE ON  
**31 AUGUST**

*Book now* 021 867 8000

**STEAK NIGHT AT BACK'S AND POLO PAVILION**

\*Only R125 per person!\*

Join us every Wednesday evening and enjoy our irresistible steaks that are cooked to perfection


and packed with flavor. And the best part? Our prices make it the perfect opportunity to treat yourself and your loved ones to a delightful evening out.

**Book your table now:**

**Polo Pavilion:** [Click here](#) | **Menu:** [Click here](#)

**Back's Pearl Valley:** 021 300 6992

*Limited spaces are available.*

A menu card for 'Steak Night WEDNESDAY' at Back's Pearl Valley. The card features a dark green background with white text and decorative floral elements. The main title 'Steak Night WEDNESDAY' is in a mix of cursive and bold sans-serif fonts. Below it, the 'Back's Pearl Valley Menu' is listed, including a 200g Sirloin steak with hand-cut potato chips and seasonal stir-fried vegetables for R125. Upgrade options for 300g Sirloin (+R55) and 250g Ribeye (+R111) are provided. A list of sauce options (+R30) includes Green peppercorn, Creamy Mushroom, Lemon Butter, and Peri Peri. A section for 'Other Options for Tonight' lists Chef's Line Fish of the Day (R240), Spaghetti Bolognese (R130), (V) Penne Pesto (R125), (V) Vegetarian Burger & Chips (R155), and Bacon & Brie Beef Burger & hand-cut chips (R185). The Back's logo and a monogram 'BP' are at the bottom, along with the text 'Available all winter'.

*Steak Night*  
**WEDNESDAY**

*Back's Pearl Valley Menu*

**200g Sirloin served with hand cut potato chips & seasonal stir fried vegetables**  
**R125**

*Upgrade the 200g Sirloin to:*  
*300g Sirloin +R55*  
*250g Ribeye +R111*

*Sauces +R30*  
*Green peppercorn*  
*Creamy Mushroom*  
*Lemon Butter*  
*Peri Peri*

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*Other Options for Tonight*  
Chef's Line Fish of the Day R240  
Spaghetti Bolognese R130  
(V) Penne Pesto R125  
(V) Vegetarian Burger & Chips R155  
Bacon & Brie Beef Burger & hand cut chips R185

**BACK'S** **BP**

*Available all winter*

**L'HUGUENOT VINEYARDS**





Wine and good conversations... this is the way to celebrate the start of the weekend!

A fine selection of wines is available at cellar door prices catering for various palates, whether you feel like a glass of bubbles to celebrate the week's achievements, a special occasion, or a red wine to savour over a long conversation with friends.

Freshly prepared soup, bread, snacks, and pizza from Crusted Pizza are available to all who wish to enjoy an early Friday evening dinner.

**Date:** Friday 11 August | **Time:** 17:00 - 20:00

Bookings are essential | [experience@lhuguenot.com](mailto:experience@lhuguenot.com) | 021 876 8037

Please note that additional parking is available - follow the signs to D'Vine Nursery



**L'HUGUENOT**  
VINEYARDS

*Celebrate*

at L'Huguenot Vineyards

**Host your function** with a **traditional Spitbraai** prepared by **The Valley Restaurant** under our marquee to enjoy the scenic setting overlooking the vineyards or indoors at the Wine Lounge for a more intimate party.  
L'Huguenot is the place to be.

Our exceptional location and friendly, professional team are committed to ensuring your event is a remarkable experience for you and your guests.

We will help with all requirements to ensure your event is a seamless success.



To find out more, please send an email to [experience@lhuguenot.com](mailto:experience@lhuguenot.com)

# Entries now Open



ENTER  
NOW



The overall  
prize is a R60 000  
investment  
portfolio from  
Brenthurst Wealth



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BRENTHURST WEALTH  
[www.bwm.co.za](http://www.bwm.co.za)

OPEN TO ALL VAL DE VIE ESTATE RESIDENTS

[Click here to enter your garden](#)



COSMAFOLIA  
NATURALIST FARMERS



CAMELOT SPA



# Relax & Refuel

## SPECIAL

Book a 45min Back & Neck Massage and receive a **complimentary R150 Breakfast voucher** to use at The Valley Restaurant

**R690 | Save R150**

*Terms & conditions apply. Massage as advertised cannot be exchanged for other treatments. Valid until 31 August 2023.*

Val de Vie Estate  
021 867 8001  
valdevie@camelotspa.co.za | www.camelotspa.co.za

**CAMELOT SPA**<sup>®</sup>  
Your World Of Wellness

### CS BIKINETICISTS

## CHALLENGE ACCEPTED?

### *Weight loss challenge*

- Entry fee: R1000
- Winner takes all entry fees as prize

### *Required to win:*

- Must lose fat mass and gain lean muscle mass

### *Weigh Dates:*

1-4 August ✓

1-4 September (R150 per inbody test)

1-4 October (R150 per inbody test)

1-4 November (R150 per inbody test)

1-4 December (R150 per inbody test)



For more information or to enter:  
csbiokineticists@gmail.com | 076 408 7608

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## PEARL VALLEY CONTACT DETAILS

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### PEARL VALLEY HOA

-  +27 21 867 8000
-  [info@pvhoa.co.za](mailto:info@pvhoa.co.za)
-  [www.pvhoa.co.za](http://www.pvhoa.co.za)

### SECURITY

-  Security Control Room – +27 21 867 1201
-  Pearl Valley Main Gate - +27 21 867 1203
-  Val de Vie Main Gate - +27 21 863 6110/6138
-  Berg River Registration Centre - +27 21 863 6137

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0784455219

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