



### DOGS RUNNING OFF THE LEASH AT THE ACRES

The HOA has noticed an increase in residents taking their dogs to run freely in The Acres. This is strictly prohibited in the Estate Rules and carries a penalty of R1,000 for a first offence. Residents must ensure that dogs are kept on leashes at all times and kindly remember to clean up their droppings, making use of the “doggy bins” provided throughout the Estate.



### PREVENTION OF SNAKEBITES

A reminder that we are currently in the peak season for snake activity on our Estate.

Here are some important safety measures provided by the African Snakebite Institute (ASI) to keep in mind:

- Leave snakes alone and treat them with respect at all times.
- Do not handle snakes, even small ones. Juvenile venomous snakes are just as dangerous as the adults.
- Never tamper with a seemingly dead snake, as many have the nasty habit of playing dead when scared or threatened, only to strike out the moment an opportunity arises.
- Wear boots and thick trousers or jeans if you spend a great deal of time outdoors. Hunters, hikers, birders and fishermen should consider wearing snake gaiters that protect the lower leg.
- Step onto logs and rocks and never over them. Snakes often sun themselves while partially concealed under a log or rock.
- Never put your hands in out-of- sight places, especially when mountain climbing. Berg Adders are known to bask on small ledges and will certainly bite if a hand suddenly appears close by.
- Never walk barefoot or without a torch at night when camping or visiting facilities in the bush.

Many snakes are active after sunset, and slow-moving snakes like the Puff Adder are easily trodden on.

- Do not try to kill or catch a snake if you come across one. Throwing rocks or shooting at a snake is looking for trouble. Also do not attempt to catch a snake with braai tongs or pin it and grab it behind the head. Some snakes, such as the Stiletto Snake, cannot be held safely behind the head and you will certainly get bitten if you try.
- In case of a snakebite emergency, do not attempt to catch or kill the snake – rather take a photograph from a safe distance to assist with identification.

If residents wish to learn more about snakes, they can visit the ASI's website by clicking on the following link: <https://www.africansnakebiteinstitute.com/>.

Please remember to immediately call the Security Team at 021 867 1201 if you encounter a snake anywhere on the Estate. Trained responders will safely catch and relocate the snake.



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### OPPORTUNITY TO GET DOCUMENTS CERTIFIED

Louis de Jager, the Estate's Security Consultant, is a qualified Commissioner of Oaths. He is available at the HOA office in the Pearl Valley Clubhouse between 09:00 and 10:00 on Wednesday mornings. Residents are welcome to bring any documentation that requires certification.

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### PEARL VALLEY GOLF ACADEMY



#### Perfecting Your Wedge Play

Ever wonder how top golfers stay on top for so long? Achieving peak performance every time is rare, even for the best. Most of us play at a B- level, trying to match our handicaps. Golf isn't about perfection, and while we have our moments of brilliance, we spend most rounds managing the scorecard. This is where the wedge game becomes crucial.

Pros shine in this area, especially within the "green scoring zone" (within 100m from the pin). They consistently land the ball within 10% of the target, whether saving par or attacking the pin.

Why should this be any different for us?

- It doesn't need massive speed.
- It's easy to practice.
- With some know-how, it becomes a science.
- It adds variety and enhances the "feel" of the game.
- It can help fix technical flaws with a smaller movement.

Consider these points:

- *Scoring component:* (around 40% of your total score from 70m and in)
- *Understanding the bounce* (especially in wet conditions): In winter, use a higher bounce wedge with added loft to avoid digging into muddy ground.
- *Controlling distance:* Aim for a "smash factor" of 1.0 with a gradual swing for the right trajectory.
- *Club selection:* Most players have three wedges with different swings, helping create a chart for preferred distances.
- Experiment with *what works best for you:* Try a wider or narrower swing, a firm wrist like Jason Day, or a relaxed style like Phil Mickelson. Experiment with the range to find your sweet spot.

Implementing and following the above points will lead to enhancements in both your scorecard and handicap.

For any assistance or enquiries, feel free to contact the golfing professionals:

- James Wade at [James.Wade@pearlvalley.co.za](mailto:James.Wade@pearlvalley.co.za) or call 082 435 5831
- Sevey Links at [Sevey.Links@pearlvalley.co.za](mailto:Sevey.Links@pearlvalley.co.za) or call 082 214 8014

# VALENTINE'S DAY DINNER AT *The* Valley Restaurant

R1 500  
PER COUPLE

FROM  
18:00

BOOKINGS  
ESSENTIAL



[View the menu](#)

[Book now](#)



UP NEXT AT

*The* VALLEY  
RESTAURANT

EVERY  
TUESDAY

R119pp

• THE VALLEY RESTAURANT •  
  
*Italian*  
NIGHTS

**Bookings are essential**

WhatsApp: 071 644 6743 | Call: 021 867 8000

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*be my  
valentine.*

## VALENTINE'S DINNER

**Wednesday 14th of February**

**5 course menu**

**6 for 6.30pm**

First course will be served at 7pm.  
Price per couple R1700 - Includes  
a glass of bubbly. Optional  
Premium Wine pairing at R450  
per person.

Limited to 30 couples at the Polo  
Pavilion and 15 couples at Back's  
Pearl Valley.

**Book on Dineplan for Polo Pavilion**  
**Email to book at Back's Pearl Valley:**  
**[hello@backs.co.za](mailto:hello@backs.co.za)**

**BACK'S**

**9P**

[Book now](#)



TO ENJOY A HASSLE-FREE VOTING DAY WITH NO LONG QUEUES IN THE COMFORT OF THE PLACE YOU CALL HOME, **YOU MUST RE-REGISTER WITH THE IEC AND CHANGE YOUR VOTING STATION TO VAL DE VIE ESTATE.**

IF THIS IS NOT DONE, YOU WILL HAVE TO VOTE AT THE STATION YOU REGISTERED FOR THE PREVIOUS ELECTION YEAR.

## CHANGE *your* VOTING STATION

### ONLINE

[registertovote.elections.org.za/Welcome](http://registertovote.elections.org.za/Welcome)

#### PLEASE NOTE

If you registered online and received an sms stating the following voting station:

E De Waal Church, please contact [Marketing@valdevie.co.za](mailto:Marketing@valdevie.co.za)

### REGISTER IN-PERSON

**3 & 4 FEBRUARY**

**08:00 – 18:00**

THE BALLROOM AT  
THE POLO PAVILION

**NB** | BRING YOUR RSA ID/  
TEMPORARY ID

#### Why Registering to Vote Matters

Val de Vie Estate residents have the privilege of living in a democratic country, and with that privilege comes the responsibility to actively participate in the electoral process. The number of voter registrations with the Estate could strongly support a future submission to the Municipal Demarcation Board for Val de Vie Estate to be a ward of its own – allowing for greater autonomy. Register to vote this weekend and positively impact our collective future.

**2 360**

CURRENT NUMBER  
OF RESIDENTS  
REGISTERED TO VOTE  
ON VAL DE VIE ESTATE

**4 000**  
TARGET  
NUMBER

#### IF TARGET IS REACHED:

SUBMISSION TO  
THE MUNICIPAL  
DEMARICATION BOARD  
FOR VAL DE VIE ESTATE TO  
BE A WARD OF ITS OWN

Register to vote



PINK POLO

PRESENTED BY

Chatz  
connect

JOIN US

AT THE PINK POLO  
PRESENTED BY CHATZ CONNECT

IN SUPPORT OF CANSA PAARL #POLOWITHAPURPOSE

2 MARCH 2024

POLO PAVILION, VAL DE VIE ESTATE

EXCLUSIVE TICKET OFFERINGS

<p>BALLROOM QUAD</p> <p>R500 PER PERSON</p>	<p>ROKU GIN GARDEN</p> <p>R1 100 PER PERSON</p>
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VIP POCKETS  
SOLD OUT

PURCHASE TICKETS

NOT OPEN TO CHILDREN UNDER THE AGE OF 18

FOR MORE INFORMATION EMAIL [DINA.SWART@VALDEVIE.CO.ZA](mailto:DINA.SWART@VALDEVIE.CO.ZA)

 



ROKU GIN  
THE JAPANESE CRAFT GIN





UP NEXT *at* SELA VIE



## NEW TRADING HOURS *at* SELA VIE

MON-SAT 7:30 TILL 17:30  
SUN 8:30 TILL 15:00

## VALENTINES DINNER

FOUR-COURSE *dinner* WITH  
ANNANDALE WINE PAIRING

19:00 | 14 FEBRUARY

R990 PER COUPLE



**MONDAY**  
Rice, avo, feta, pineapple, tomato  
R300 for 2 people

**TUESDAY**  
Tuna, sushi rice, avo, edamame beans & pickled ginger  
R350 for 2 people

**WEDNESDAY**  
Feta, roasted tomatoes & baby spinach  
R300 for 2 people

*Crispy chilli chicken Grain Bowl*

*Tuna Poke Bowl*

*Basil Pesto chicken Pasta*

PLATINUM WHEELS

## DINNER *to* DOOR

WHOLE SOME HASSLE  
FREE DINNERS DELIVERED  
TO YOUR DOOR

EVERY MONDAY  
TO WEDNESDAY

SIMPLY PLACE YOUR  
ORDER WITH US VIA  
WHATSAPP - 062 902 5461

5 - 7 FEBRUARY

DELIVERIES POWERED BY PLATINUM WHEELS

BOOK THROUGH DINEPLAN

Book now





# entrepreneurs day

Join us for our second entrepreneurs day for kids!

We would like to give young residents of Val de Vie Estate who is passionate and innovative the opportunity to sell their product or service on the day.

This is a great way to earn their own money and learn about entrepreneurship which is ultimately the main objective of this event.

**WEDNESDAY | 7 FEBRUARY | 3pm - 5pm**



Jumping Castles  
&  
Waterslides

Tickets at Entrance  
for kids R70  
(INCL SLUSHY)



## PLEASE NOTE:

1. There will be no stand cost.
2. You will be responsible for your own stand.
3. Sales of product will be on a cash basis.



**BOOK YOUR STAND | [EXPERIENCE@LHUGUENOT.COM](mailto:EXPERIENCE@LHUGUENOT.COM)**



## SATURDAY CHILLIN

at ViLLAGE deli from 12h00 until closing

Come and relax with your family and friends  
every Saturday.

*Special offer*

10% DISCOUNT ON ALL CRUSTED PIZZA  
+  
BUY 1 GET 1 FREE DRAUGHT BEER!

*Offers are only valid on Saturdays.*

[View the menu](#)

**CAMELOT SPA**

HELLO  
february

CAMELOT SPA<sup>®</sup>  
Your World Of Wellness



**Gift cards now available at Camelot Spa.**

Contact the team at:  
Email: [valdevie@camelotspa.co.za](mailto:valdevie@camelotspa.co.za)  
Phone: 021 867 8001  
WhatsApp: 066 354 0093

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### CS BIKINETICISTS



# Why do we test ?

As Biokineticists, we are exercise specialists who specializes in preventative functional medicine and final phase rehabilitation to improve ones physical condition through physical assessments and exercise prescription.

## What to expect ?

Medical history evaluation  
Body Composition assesment  
Postural assessment  
Range of motion evaluation  
Measurements muscular strength, endurance & power  
Special tests  
Individualised programs from results

Contact us:

0764087608

[csbiokineticists@gmail.com](mailto:csbiokineticists@gmail.com)

CORNE STEENKAMP  
biokineticists



### PEARL VALLEY HOA

- ☎ 021 867 8000
- ✉ [info@pvhoa.co.za](mailto:info@pvhoa.co.za)
- ✉ [debtors@pearlvalley.co.za](mailto:debtors@pearlvalley.co.za) (Levy Accounts enquiries)
- 🌐 [www.pvhoa.co.za](http://www.pvhoa.co.za)

### PEARL VALLEY CONTACT DETAILS

#### SECURITY

- ☎ Security Control Room – 021 867 1201
- ☎ Pearl Valley Main Gate - 021 867 1203
- ☎ Val de Vie Main Gate - 021 863 6110/6138
- ☎ Berg River Registration Centre - 021 863 6137

#### EMERGENCY CONTACT DETAILS

- ☎ ER24 Paarl - 084 124
- ☎ Paarl Mediclinic - 021 807 8000
- ☎ Medicross Paarl - 021 872 3867
- ☎ SAPS - 021 807 4000
- ☎ Ambulance - 101 77
- ☎ Paarl Fire Brigade - 021 872 2323
- ☎ Drakenstein Municipality - 021 807 4500
- ☎ Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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