



UPDATE - WATER PRESSURE PROBLEMS

Drakenstein Municipality is still carrying out intermittent maintenance on the main water line to the Estate in an attempt to rectify the ongoing pressure problems. The HOA is in constant contact with Drakenstein officials regarding the daily interruptions being experienced and has requested an urgent meeting with senior management to discuss the root causes of the problem and the Municipality's plans for long-term solutions. We will inform residents as soon as there is further news in this regard.

In the meantime, we have noted that the low water pressure experienced in certain areas of the estate during peak periods (in particular between 6:00 AM and 8:00 AM) could be made worse by the fact that most residents tend to run their irrigation systems early in the morning. This, together with the normal increase in household water usage as residents start the day, leads to a massive spike in demand every morning. We therefore encourage residents to consider changing the times at which they run their irrigation systems to avoid peak periods. Whilst we must stress that irrigation systems are not the cause of the problems we are experiencing with the Drakenstein supply, any steps that we can take as a community to help reduce the impact during this period should be considered.

BLS MEDICAL - FIRST AID TRAINING FEEDBACK



Residents who attended last week's First Aid training appreciated the facilitator's extensive knowledge, skills, and hands-on demonstration of life-saving techniques. His engaging approach and sense of humour made the session both informative and enjoyable.

We are aware that a few members who were unable to attend have enquired about additional sessions. More details on upcoming training opportunities will be shared soon.



REMINDER: WASTE MANAGEMENT AND RECYCLING GUIDELINES

Kindly note the following guidelines which are in place to ensure the efficient and correct disposal of household refuse and recyclables:

Household Refuse Disposal:

- Household refuse should be placed in Drakenstein black bins for collection by the

Municipality every Wednesday morning.

- If you do not yet have a Drakenstein refuse bin, please email the designated representatives at Melissa.Nel@Drakenstein.gov.za or Karen.Fredericks@Drakenstein.gov.za to apply for your new bin.
- Bins should be placed outside before 8:00 AM on the day of collection and must be brought back inside the property on the same day.
- If residents will be away during the week, household refuse in sealed plastic bags may be disposed of in one of the open skips at the recycling facility at the Pearl Valley Main Gate. Please note that this is an exception to the general rule that the recycling facility is designated primarily for recyclable materials (glass, plastic, and paper) and is not intended for general household waste or green waste (which should be dropped off at the green waste facility on Watervliet Farm).

Recycling Service:

- The Estate is included in the municipal door-to-door recycling collection service.
- On the same day as refuse collection, recyclable materials (glass, plastic, paper) will be collected.
- Ensure recyclables are placed in clear municipal recycling bags next to your refuse bin. Drakenstein Municipality does not collect recyclables that are not in a bag.
- If recyclables do not fit into a clear bag, please dispose of them at the recycling facility at the Pearl Valley Main Gate. Please do not dispose of waste in a building contractor's skip. These skips are strictly for building rubble only.

Thank you for your cooperation!

CS BIOKINETICIST AT PEARL VALLEY GYM

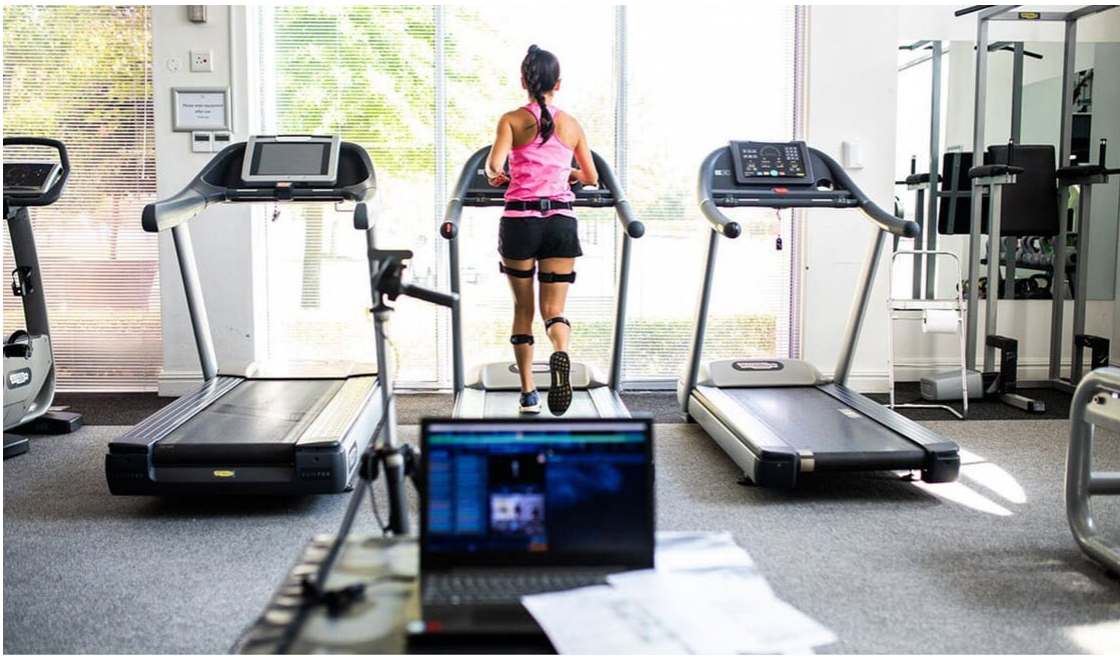
Technology/Specialized Services offered - 3D Myomotion Running Analysis

Experience state-of-the-art 3D motion running analysis at the Pearl Valley Gym. 3D motion tracking captures accurate data on how your body moves while running, allowing for an in-depth analysis of your unique movements.

Our 3D running analysis uses 9 body sensors and cameras to measure, record, and analyze the movements of your feet, ankles, knees, and hips as you run. By capturing frames from every axis and creating an exact model of your gait, this analysis provides valuable insights into the efficiency of your movements and helps identify asymmetries and other biomechanical errors.

The second part of the assessment consists of a comprehensive physical screening, including your strength, mobility, functional movement patterns, and proprioception. After combining the results from the 3D analysis and physical assessment, we can develop an individualized exercise program designed to optimize your running. This comprehensive evaluation also serves as an excellent baseline test to measure future progress.

For more information about this analysis, kindly send an email to csbiokineticists@gmail.com.



PEARL VALLEY GOLF

Good luck, Dylan!

The Pearl Valley golfer who is currently playing College golf in the US started the event with a solid round of 71.

All the best for the rest of the event and let's bring the trophy home.



Congratulations, Oliver!

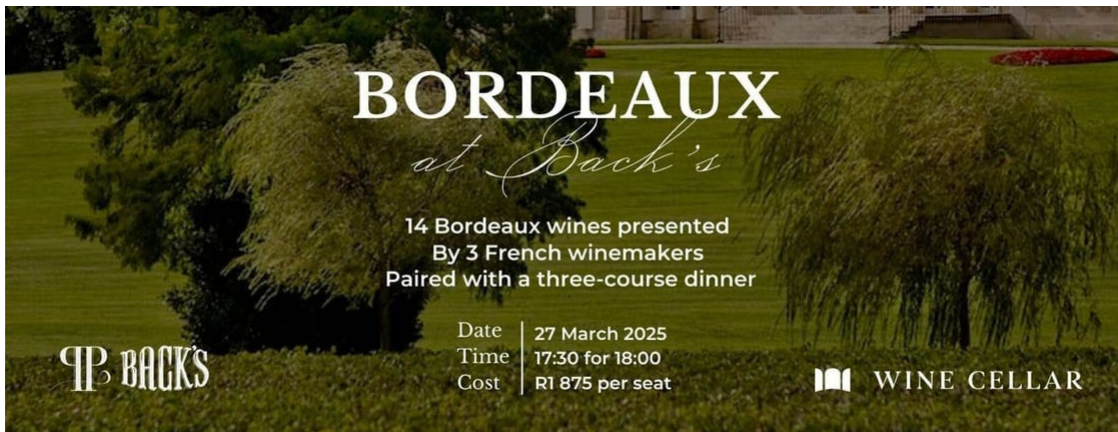
Pearl Valley would like to congratulate academy student, Oliver Scriven, for his fantastic performance at the Golf RSA International Amateur held at the Royal Johannesburg East course.

Amongst an international field, Oliver placed 9th on his own with scores of 72-71-69-71; a 5-under total for the event, edging out some of the best players in the country.

We are all very proud of you and look forward to what the years ahead may hold for your golfing journey.



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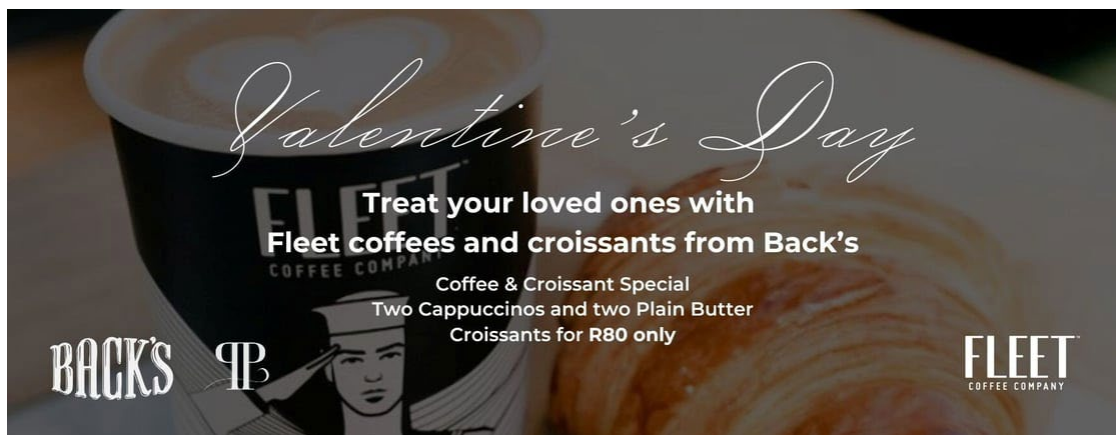
BORDEAUX
at Back's

14 Bordeaux wines presented
By 3 French winemakers
Paired with a three-course dinner

Date	27 March 2025
Time	17:30 for 18:00
Cost	R1 875 per seat

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Treat your loved ones with
Fleet coffees and croissants from Back's

Coffee & Croissant Special
Two Cappuccinos and two Plain Butter
Croissants for R80 only

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Dessert

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EVERY WEDNESDAY *from 17:00*

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L'HUGUENOT VINEYARDS



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UNwine'd Friday

"LEKKER" BENNIE'S BISTRO

SMOKED RIBS AND BRISKET LOADED FRIES

"LEKKER" Smoked Ribs (300g) served with chips R220
or Loaded Fries served with brisket and cheese R200

FOOD SERVICE ENDS AT 19:00

VILLAGE
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DATE: FRIDAY, 07 FEBRUARY 2025
TIME: 17:00 - 21:00

BOOKINGS ARE ESSENTIAL:
experience@lhuguenot.com | T: 021 876 8037

scan barcode
Join our WhatsApp Wine Community
for special offers, events and more...



LIVE MUSIC BY
TRIVENO



WINE | BEER | GIN | PIZZA | LIVE MUSIC | KIDS PLAY AREAS

PEARL VALLEY CONTACT DETAILS

PEARL VALLEY HOA

- 📞 021 867 8000
- ✉️ info@pvhoa.co.za
- ✉️ debtors@pearlvalley.co.za (Levy Accounts enquiries)
- 🌐 www.pvhoa.co.za

SECURITY

- 📞 Security Control Room – 021 867 1201
- 📞 Pearl Valley Main Gate - 021 867 1203
- 📞 Val de Vie Main Gate - 021 863 6110/6138
- 📞 Berg River Registration Centre - 021 863 6137

EMERGENCY CONTACT DETAILS

- 📞 ER24 Paarl - 084 124
- 📞 Paarl Mediclinic - 021 807 8000
- 📞 Medicross Paarl - 021 872 3867
- 📞 SAPS - 021 807 4000
- 📞 Ambulance - 101 77
- 📞 Paarl Fire Brigade - 021 872 2323
- 📞 Drakenstein Municipality - 021 807 4500
- 📞 Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

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