



## PVHOA FINANCE DEPARTMENT NEWS

The HOA is thrilled to announce the appointment of Ina Nieuwoudt as our new Finance and Admin Manager. Ina takes over the reins from Pieter Schoeman and Clyde Constable, who previously provided accounting and financial management services to the HOA in terms of a long-standing agreement with PVI, which has now come to an end.

The HOA team extends its thanks and appreciation to Pieter and Clyde for their contributions and commitment to our members over many years, and we wish them all the best in their new roles. Ina holds a B.Com degree in Accounting from the University of the Free State and achieved her certification as a Professional Accountant (SAIPA) in 2014. Her impressive professional journey includes serving as Audit & Accounting Manager for BVSA Paarl from 2010 to 2017, and as Group Financial Accountant at LCS Group from 2017 until the end of 2024.

Ina and her family live in Paarl, where her children attend local schools.

Reporting to the Estate Manager and the Board's Finance Subcommittee, Ina will manage all HOA financial and administrative responsibilities, including:

- Levy invoicing and water accounts
- Creditor and debtor management
- Monthly accounting and reporting
- Annual budgeting and financial reporting
- Preparing annual financial statements for submission to the Board of Trustees
- Ensuring compliance with legal financial requirements
- Treasury management
- HOA insurance policies, and
- HOA payroll.

We are also pleased to announce that Danelle Jansen, currently serving as Debtors Clerk, will formally move from PVI and join the PVHOA team, reporting to Ina from 1 February.

### *Contact Information:*

Ina is already settled in the HOA offices in the clubhouse building, and Danelle will be moving down from the PVI offices at the end of February.

Please note that the new email address for levy and water account enquiries, with immediate effect, is [debtors@pvhoa.co.za](mailto:debtors@pvhoa.co.za) (no longer [debtors@pearlvalley.co.za](mailto:debtors@pearlvalley.co.za)).

To reach the team directly:

- Ina Nieuwoudt: [ina.nieuwoudt@pvhoa.co.za](mailto:ina.nieuwoudt@pvhoa.co.za)
- Danelle Jansen: [danelle.jansen@pvhoa.co.za](mailto:danelle.jansen@pvhoa.co.za)



**Ina Nieuwoudt**

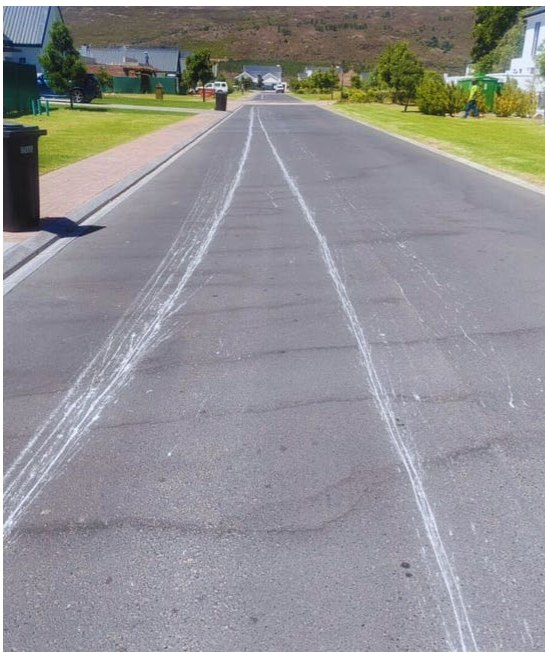


**Danelle Jansen**

---

## PAINT SPILL CLEANUP

The HOA has identified the contractor responsible for the paint spill in sections of Pearl Valley and The Acres. The contractor has accepted liability and has committed to fully removing all traces of the paint. Clean-up operations have already begun and will be monitored by the HOA until properly completed.



---

## WATER PRESSURE ON THE ESTATE



The HOA has noted ongoing problems with inconsistent pressure in Drakenstein's main potable water line into the Estate. We are in regular communication with senior Drakenstein managers and have requested an urgent meeting with them to discuss the root causes of this problem and their plans to remedy the situation.

Further information will be provided as soon as possible.

---

## CS BIKINETICIST AT PEARL VALLEY GYM

### What is a Biokineticist?

Biokinetics is a medically recognised profession that is based on the application of exercise in rehabilitative treatment or performance. A biokineticist functions in association with the health and medicine body, BASA. We believe movement is an essential part of our everyday life, which affects different aspects such as development, work, health, physical well-being and quality of life.

Whether you are a professional athlete, suffering from a chronic disease or orthopaedic injury, a biokineticist can play a very important role in helping you to improve your quality of life and/or performance. This can be done using individualised assessments followed by compiling a customised exercise health plan that addresses your physical needs based on the latest research.

Areas of focus at CS Biokineticist:

- Weight loss
- Cardiac Rehabilitation
- Pre and post-operative rehabilitation
- Sport/Orthopedic Injury Rehabilitation
- Chronic disease management
- Muscle Imbalance correction
- Vitality Fitness Assessment
- Momentum Testing
- Sport Specific Training
- 3-D Gait analysing and Golf analysis
- Hydrotherapy

For more information about these classes, kindly send an email to [csbiokineticists@gmail.com](mailto:csbiokineticists@gmail.com).



---

## PEARL VALLEY GOLF

- Golf tip from PGA Professional, Sevey Links

### **Mastering the Low Ball Flight: Punch Shots for Windy Conditions**

When the wind is up, controlling the ball flight becomes essential. A great technique to use in these conditions is the punch shot, which helps keep the ball low, minimizing the effects of strong winds and allowing for more accuracy and control. Here's how to set up to hit that low ball flight, also known as a punch shot, to navigate through the wind:

#### *Stance and Ball Position*

To hit a punch shot, you want to narrow your stance slightly. Position the ball back in your stance, closer to your back foot (for a right-handed golfer, this would be the right foot). This setup will encourage a more downward strike, producing a lower trajectory.

#### *Hands Ahead*

Ensure your hands are positioned ahead of the ball at address. This helps de-loft the clubface and reduces the loft, which helps keep the ball flight lower.

#### *Grip*

A slightly firmer grip can help you maintain control through the wind. A light grip often leads to an unpredictable strike, so grip the club firmly without overdoing it.

#### *Shorter Swing, More Control*

When hitting into the wind, try a more compact backswing. A longer swing will give you more height, which can be risky in windy conditions. A shorter, more controlled follow-through will help keep the ball trajectory low and prevent it from ballooning.

#### *Focus on a Crisp Strike*

The key to hitting a successful punch shot is a clean strike. Focus on making contact with the ball first, ensuring that you strike it solidly, not with too much loft or too much force.

#### *Follow-Through*

Keep the follow-through controlled and shorter than usual. Avoid letting the hands release too much as this can cause the ball to rise. The goal is to keep the ball flight as low as possible while still maintaining distance.

In windier conditions, the punch shot is your go-to technique to lower the ball's trajectory and maintain control. With these tips, you'll be better equipped to handle even the toughest gusts and keep your game on track!

For any assistance or enquiries, feel free to contact the golfing professionals:  
James Wade at [James.Wade@pearlvalley.co.za](mailto:James.Wade@pearlvalley.co.za) or call 082 435 5831  
Sevey Links at [Sevey.Links@pearlvalley.co.za](mailto:Sevey.Links@pearlvalley.co.za) or call 082 214 8014



LUXURY LIVING.

*The Estates*

## WHAT OUR CLIENTS HAVE TO SAY

"Jordan's initial assessment and advice regarding the sale was totally accurate and sensible and both your support and approachability during the sale period were invaluable. Your commitment and patience was eye-opening! You both acted in a totally professional manner throughout the whole process. We are extremely grateful to have achieved our sale goal." Shirley

Contact us so that we can do the same for you.

Pam Golding Properties (Pty) Ltd - Paarl Luxury Estates.  
Registered with the PPRA. Holder of a Business Property Practitioner FFC. Operating a Trust Account.  
W: +27 21 300 1658 | E: paarluxuryestates@pamgolding.co.za



Jordan Greenhalgh  
**083 298 1481**

Registered with the PPRA - Full Status FFC

Amy Anley  
**060 693 5533**

Registered with the PPRA - Full Status FFC

**GET IN TOUCH**

[pamgolding.co.za](http://pamgolding.co.za)

THE PAM GOLDING WAY



## SELA VIE



# DINNER *to your* DOOR

Monday - Thursday | Directly to your door!  
ONLY 30 PORTIONS AVAILABLE PER NIGHT



[View menu here](#)

[Order via WhatsApp](#)



[View food menu](#)

---

[View drinks menu](#)

[Book online](#)



---

**THE VALLEY RESTAURANT**

THE VALLEY  
RESTAURANT

ITALIAN  
*Nights*



EVERY TUESDAY  
FROM

17:00



ENJOY A DELICIOUS  
PASTA OR PIZZA  
FOR JUST

R 135



INCLUDES A  
COMPLIMENTARY

*Dessert*

MAKE YOUR RESERVATION

WhatsApp: 071 644 6743 | Call: 021 867 8000



ENJOY A CURRY  
WITH A COMPLEMENTARY  
500ML STELLA DRAUGHT  
EVERY WEDNESDAY *from 17:00*

IN PARTNERSHIP WITH





## L'HUGUENOT VINEYARDS



ENJOY YOUR FRIDAY AND FEEL AT HOME



Let's get together, invite your **friends and neighbours** and let's celebrate the start of the **weekend** with a fine selection of wines at **cellar door prices** and delicious food available at the **VILLAGE deli.**

VILLAGE  
— deli

**DATE: FRIDAY, 31 JANUARY 2025**  
**TIME: 17:00 - 21:00**

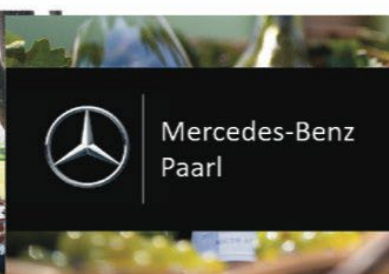
scan barcode  
Join our WhatsApp Wine Community  
for special offers, events and more...



BOOKINGS ARE ESSENTIAL: [experience@lhuguenot.com](mailto:experience@lhuguenot.com) | T: 021 876 8037



LIVE MUSIC BY  
LIONEL JOHN



WINE | BEER | GIN | PIZZA | LIVE MUSIC | KIDS PLAY AREAS

## PEARL VALLEY CONTACT DETAILS

### PEARL VALLEY HOA

- 📞 021 867 8000
- ✉️ info@pvhoa.co.za
- ✉️ debtors@pearlvalley.co.za (Levy Accounts enquiries)
- 🌐 www.pvhoa.co.za

### SECURITY

- 📞 Security Control Room – 021 867 1201
- 📞 Pearl Valley Main Gate - 021 867 1203
- 📞 Val de Vie Main Gate - 021 863 6110/6138
- 📞 Berg River Registration Centre - 021 863 6137

### EMERGENCY CONTACT DETAILS

- 📞 ER24 Paarl - 084 124
- 📞 Paarl Mediclinic - 021 807 8000
- 📞 Medicross Paarl - 021 872 3867
- 📞 SAPS - 021 807 4000
- 📞 Ambulance - 101 77
- 📞 Paarl Fire Brigade - 021 872 2323
- 📞 Drakenstein Municipality - 021 807 4500
- 📞 Voltano Metering App - 086 186 5826

*Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.*

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

[Unsubscribe](#) [Manage preferences](#)