



## PEARL VALLEY BIKE TRAILS

The pump track in The Acres remains closed for safety reasons. The Acres Developer has committed to repairing and reinstating the track as part of its obligations to complete the landscaping of the 30m heritage buffer area between the boundary fence and the residential erven. Once the work is completed, the area will be formally handed over to the HOA and we will then assume responsibility for ongoing maintenance.

Riders should also please note that the bike trail which ran from the end of Mount Juliet Avenue through the upper sections of Watervliet Farm has also been closed. The HOA is currently in discussions with the landowners and a trail builder with regards to access rights and potential trail routes. Further information will be shared in this regard as soon as possible.

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## REMINDER: SECURITY TOWNHALL MEETING

Residents are reminded of the informal townhall meeting, together with Val de Vie Estate neighbours, to discuss security and key developments for the year ahead.

- Riaan Crafford, Chairperson of the Security Committee, will outline the 2025 security strategy.
- Waal de Waal, COO of Bidvest Protea Coin, will introduce the new security provider and their innovative approach to estate safety.
- A live demonstration will showcase Bidvest Protea Coin's advanced capabilities.

Date: Thursday 6 March 2025

Time: 17:00 for 17:30 – 19:00

Venue: The Ballroom, Polo Pavilion, Val de Vie Estate

Email Relene Celliers at [info@pvhoa.co.za](mailto:info@pvhoa.co.za) by Friday 28 February 2025 to book your spot.

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## PEARL VALLEY GOLF SHOP



### Special Galvin Green Package Deal

Pearl Valley Golf Shop is currently offering a variety of special deals. One standout package includes the following for only R4000:

- ♂ Galvin Green Shirt
- ♂ Galvin Green Top
- ♂ Pearl Valley Belt





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# The Estates

Contact us so that we can do the same for you.

**GET IN TOUCH**

Jordan Greenhalgh **083 298 1481**  
Amy Anley **060 693 5533**



*Jordan & Amy*



Pearl Valley Golf and Country Estate | R17.9 million  
4 Bedrooms | 3 Bathrooms | 3 Garages

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THE PAM GOLDING WAY



## THE VALLEY RESTAURANT



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EVERY TUESDAY  
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Dessert

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## POLO PAVILION BY BACK'S

**BORDEAUX**  
*at Back's*

14 Bordeaux wines presented  
by 3 French winemakers  
paired with a 3 course dinner

Date	27 March 2025
Time	17:30 for 18:00
Cost	R1 875 per seat

**PB BACK'S**

**WINE CELLAR**

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## SELA VIE

# DINNER *to your* DOOR

Monday - Thursday | Directly to your door!  
ONLY 30 PORTIONS AVAILABLE PER NIGHT



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L'HUGUENOT VINEYARDS





**FRIDAY 28 FEBRUARY | TIME: 17:00-21:00**



*UNwine'd  
Friday*



**Lamb Spitbraai @ R220 per person**



Served with  
Roast Baby Potatoes, Onion, Curry Pasta Salad,  
Green Salad & Garlic Bread.

**MEALS PLATED BY 19:00 ON FRIDAY**

**SELF-SERVICE BAR**



Invite your **friends, family and neighbours** to start the weekend!  
LIVE music, kids play areas, selected wines at **cellar door prices**  
and a **traditional spitbraai!**

Bookings are essential | [experience@lhuguenot.com](mailto:experience@lhuguenot.com) | 021 876 8037  
Plated food and takeaway orders close **Thursday at 12:00**

**LIVE MUSIC BY NEWTON**



**WINE | BEER | PIZZA | KIDS PLAY AREAS | SUNSETS | LIVE MUSIC**

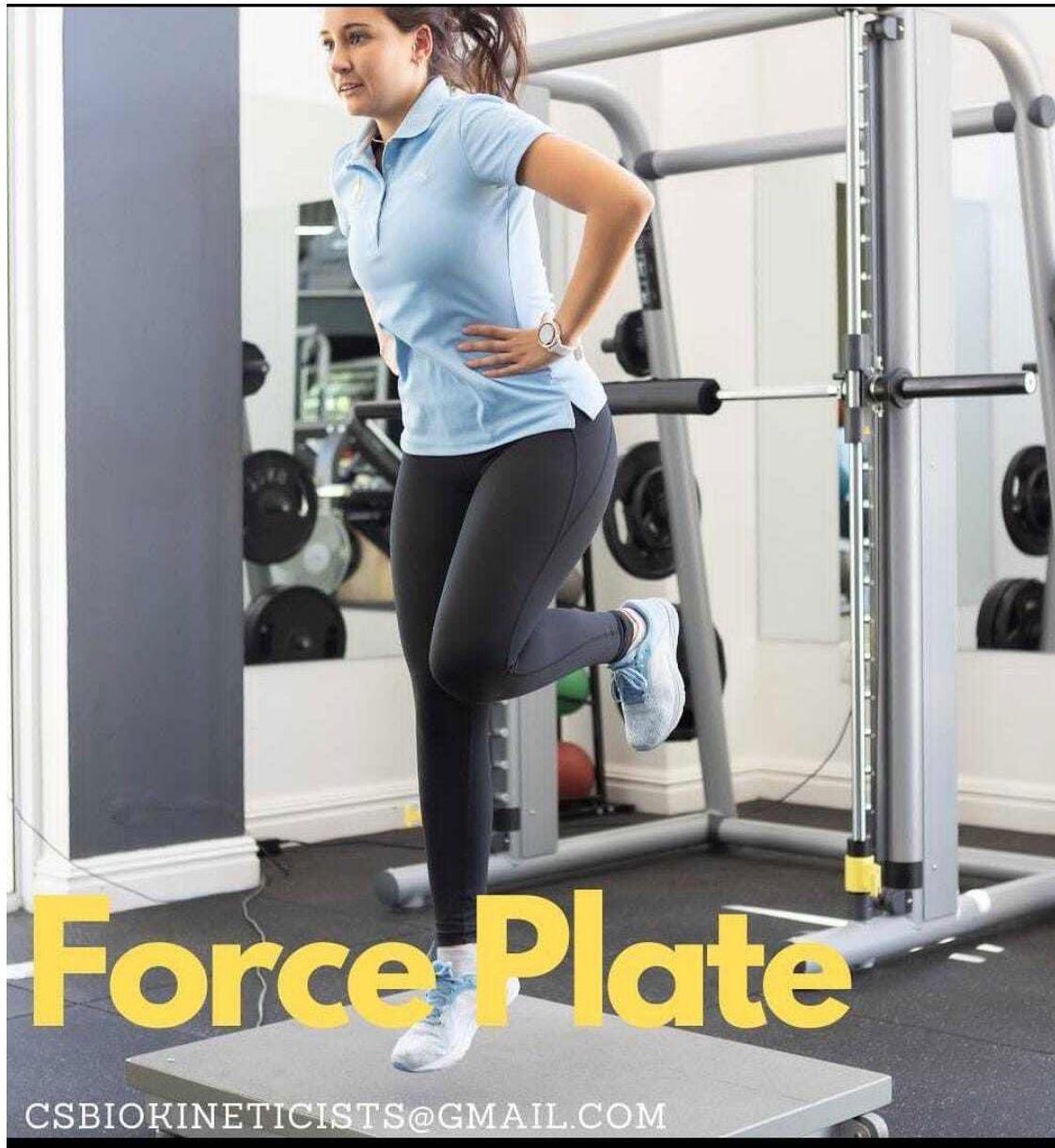
**CS BIODYNAMICIST AT PEARL VALLEY GYM**

**AMTI Force plate**

A force plate is an instrument that allows one to detect and measure the forces that are produced during physical exercise, in order to optimise the athletic gesture and to "ground" all the power of an athlete, even in relation to a project of rehabilitation or recovery after injury. A force plate allows us to evaluate the postural stability, the explosive force, the power, and the reaction force

from the ground. These data can later be used for the study of sports postures and movements, for diagnostics and rehabilitation. The force plate measures direction, strength, reactive muscle activation time and other parameters and forces produced during specific movements of sporting activity, like walking, running or jumping. In essence, it analyses motor patterns, applying kinematics to dynamics.

For more information about this analysis, kindly send an email to [csbiokineticists@gmail.com](mailto:csbiokineticists@gmail.com)





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## PEARL VALLEY CONTACT DETAILS

### PEARL VALLEY HOA

- 📞 021 867 8000
- ✉️ info@pvhoa.co.za
- ✉️ debtors@pearlvalley.co.za (Levy Accounts enquiries)
- 🌐 www.pvhoa.co.za

### SECURITY

- 📞 Security Control Room – 021 867 1201
- 📞 Pearl Valley Main Gate - 021 867 1203
- 📞 Val de Vie Main Gate - 021 863 6110/6138
- 📞 Berg River Registration Centre - 021 863 6137

### EMERGENCY CONTACT DETAILS

- 📞 ER24 Paarl - 084 124
- 📞 Paarl Mediclinic - 021 807 8000
- 📞 Medicross Paarl - 021 872 3867
- 📞 SAPS - 021 807 4000
- 📞 Ambulance - 101 77
- 📞 Paarl Fire Brigade - 021 872 2323
- 📞 Drakenstein Municipality - 021 807 4500
- 📞 Voltano Metering App - 086 186 5826

*Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.*

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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