

FIRST AID TRAINING WORKSHOP

The HOA is pleased to announce a first-aid training workshop for Estate residents, presented by BLS Medical. This valuable training session will equip participants with life-saving skills and knowledge.

Details of the event are as follows:

Date: Thursday, 30 January 2025

Time: 09h00 - 12h00 (A dedicated Q&A session will ensure that all your queries will be

addressed.)

Venue: Pearl Valley Conference Venue

Cost: R450 per delegate (payable upon confirmation of your booking)

Topics cover emergency care for adults, children, and infants.

- First Aid and the Law
- First Aid Kits
- Universal Precautions
- Actions in an Emergency (including Emergency Contact Numbers/Apps)
- Chain of Survival
- Airway Management
- Rescue Breathing
- CPR
- Use and Operation of the Automated External Defibrillator (AED)
- Foreign Body Airway Obstruction Choking
- Stroke
- Heart Attack
- Sudden Cardiac Arrest
- Congestive Cardiac Failure/Angina
- Shock Management
- Drownings
- Poisonings and Snake Bites

Participants will receive an internationally accredited certificate, valid for two years, upon completion of the workshop. For inquiries or to secure your spot, please send an email to info@pvhoa.co.za.

The HOA would like to remind residents that Watervliet Farm is private property. Residents are welcome to use the designated farm roads, as marked in yellow on the map below, to access the Boma, the green waste facility, and the designated walking and cycling trails.

The equestrian facilities and the upper section of the property, marked in red, are strictly out of bounds and may not be entered at any time. Persons who enter the property without permission will face penalties in terms of the Estate Rules.

Thank you for your co-operation.



UNAUTHORISED DRONES ARE NOT PERMITTED ON THE ESTATE

Flying drones anywhere on the Estate without prior consent from the HOA is strictly prohibited under Estate Rule 8. This rule exists for security reasons, as well as to protect residents' privacy, limit disturbances, and generally enhance the residential ambience and lifestyle within the Estate.

Anyone wishing to operate a drone on the Estate must complete and submit a drone application form. The form is available on the PVHOA website (www.pvhoa.co.za) under the "Additional Information" tab. Completed forms should be submitted to the HOA Compliance Officer, Jacobus Petzer, via email at jacobus.petzer@pvhoa.co.za, at least 48 hours prior to the proposed flight.

HOA consent is generally granted only for certain specific purposes, such as property marketing, security, or special events. The HOA will never allow drones to be flown over private properties or to take images of homes and residents without their specific consent. Residents who may be affected by approved drone operations in the vicinity of their homes will be notified in advance whenever approval is granted.

Residents should please report any improper drone activity to the HOA immediately.

FIRST BUILDING PLANS SUBMISSION DATES FOR 2025

Please note the following Design Review Committee meeting dates and the submission deadlines for building plans:

- DRC Meeting: Thursday 23 January 2025 – Submission deadline: Friday 17 January 2025

- DRC Meeting: Thursday 6 February 2025 Submission deadline: Friday 31 January 2025
- DRC Meeting: Thursday 20 February 2025 Submission deadline: Friday 14 February 2025

PEARL VALLEY GOLF

Welcome back to the Pearl Valley Junior Golf Academy!

We are excited to kick off another action-packed year of junior golf for 2025! Our program is designed to help young golfers develop their skills, have fun, and enjoy the game of golf in a friendly and supportive environment.

Classes will begin during the week of January 20th, and we can't wait to see all of our juniors back on the course.

Here are the session days and times for the year:

Tuesday: 16:00 – 17:00 (Ages 8 – 13) Thursday: 15:30 – 16:30 (Ages 5 – 7) Friday: 16:00 – 17:00 (Ages 8 – 13)

We look forward to an exciting season of learning, growth, and fun on the fairways. See you soon! To join the classes or for more information, contact Sevey Links at Sevey.Links@pearlvalley.co.za or call 082 214 8014.





Event invite

THE VALLEY RESTAURANT







ENJOY A CURRY WITH A COMPLEMENTARY 500ML STELLA DRAUGHT

EVERY WEDNESDAY from 17:00

IN PARTNERSHIP WITH



SELA VIE

DINNER to your DOOR

Monday - Thursday | Directly to your door!
ONLY 30 PORTIONS AVAILABLE PER NIGHT



View menu here

Order via WhatsApp



View food menu

View drinks menu

Book online

L'HUGUENOT



ENJOY YOUR FRIDAY AND FEEL AT HOME



VILLAGE Leli DATE: FRIDAY, 17 JANUARY 2025 TIME: 17:00 - 21:00



BOOKINGS ARE ESSENTIAL: experience@lhuguenot.com | T: 021 876 8037



WINE | BEER | GIN | PIZZA | SUNSET VIEWS | KIDS PLAY AREAS

CS BIOKINETICISTS

Stay active with our group classes! Here's the full schedule of classes, so you can find the perfect fit for your goals and lifestyle:

Group classes offered

- Spinning classes Tuesdays and Thursdays 6h45
- Stretch classes Mondays 9h00 & Wednesdays 10h00
- Pilates classes (mat) Mondays 9h30
- Aqua aerobics classes Mondays 10h00 and Wednesday 10h45
- HIIT classes Mondays, Wednesdays and Fridays 9h00
- Kids development Times to be confirmed

- Sport specific classes - Tuesdays and Fridays 4h50 and 5h50

For more information about these classes, kindly send an email to csbiokineticists@gmail.com.



PEARL VALLEY CONTACT DETAILS

PEARL VALLEY HOA

021 867 8000

info@pvhoa.co.za

debtors@pearlvalley.co.za (Levy Accounts enquiries)

www.pvhoa.co.za

SECURITY

Security Control Room - 021 867 1201

Pearl Valley Main Gate - 021 867 1203

Val de Vie Main Gate - 021 863 6110/6138

Berg River Registration Centre - 021 863 6137

EMERGENCY CONTACT DETAILS

ER24 Paarl - 084 124

Paarl Mediclinic - 021 807 8000

Medicross Paarl - 021 872 3867

SAPS - 021 807 4000

Ambulance - 101 77

L Paarl Fire Brigade - 021 872 2323

Urakenstein Municipality - 021 807 4500

Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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