



PEARL VALLEY
— HOME OWNERS ASSOCIATION —

WEEKLY
NEWSLETTER

SECURITY TOWNHALL MEETING LINK



Key Insights from the Security Townhall Meeting

On 6 March 2025, residents gathered for an insightful Security Townhall Meeting, where industry leaders shared key security updates and showcased advanced security measures that safeguard our Estate.

Riaan Crafford, Chairperson of the Security Committee, outlined the 2025 focus on proactive security. Marius Herselman, Head of Risk and Security, presented key 2024 statistics, while Costa Diavastos, CEO of Bidvest Protea Coin, highlighted the company's role in strengthening security. Waal de Waal, COO of Bidvest Protea Coin, demonstrated cutting-edge technologies and tactical response capabilities in action.

The event concluded with a live demonstration, including helicopter and drone flyovers, K9 narcotics detection and real-time surveillance, offering residents a glimpse into the future of Estate protection. All demonstrations were approved by the Civil Aviation Authority and HOAs.

[Click here to watch the Security Townhall](#)

UPDATE: WATER PRESSURE ON THE ESTATE

Since Drakenstein Municipality repaired a leak in their mainline infrastructure, stones and grit have been accumulating in the water meter strainer, restricting the flow of water into the Estate. Despite multiple efforts by Drakenstein to flush the lines and clear the debris, the issue remains unresolved.

Estate management is still working closely with Drakenstein's senior water management team to support them in finding a solution. In the meantime, residents should unfortunately expect fluctuating water pressure and occasional interruptions.

In respect of potential measures to ensure sustainability of sufficient water supply within the Estate, the HOA has appointed engineers to evaluate the impact of increased water demand on the infrastructure resulting from the incorporation of The Acres and the extent of household irrigation measured throughout the Estate.

Further information will be shared with residents as soon as possible.

REMINDER: PEARL VALLEY BIKE TRAILS CLOSED

The pump track in The Acres remains closed for safety reasons. The Acres Developer has committed to repairing and reinstating the track as part of its obligations to complete the landscaping of the 30m heritage buffer area between the boundary fence and the residential erven. Once the work is completed, the area will be formally handed over to the HOA and we will then assume responsibility for ongoing maintenance.

Riders should also please note that the bike trail which ran from the end of Mount Juliet Avenue through the upper sections of Watervliet Farm has also been closed. The HOA is currently in discussions with the landowners and a trail builder with regards to access rights and potential trail routes. Further information will be shared in this regard as soon as possible.

JOB VACANCY: ESTATE RELATIONS & COMPLIANCE OFFICER

The HOA is currently recruiting a new Estate Relations & Compliance Officer.

To view the job advertisement, click the link below.

PEARL VALLEY GOLF JUNIOR ACADEMY



Breaking Par Series - 9 March 2025

The first Breaking Par Series event took place this past weekend. The Breaking Par Series is designed to challenge young golfers with a series of 9-hole courses, all set at par 36, where every hole is a par 4. The courses vary in distance, starting from the shortest at 25 meters and moving all the way back to the most challenging at 175 meters.

Juniors begin on the White course (25 meters) and must break par to move to the next level. As they progress, they advance through the colour-coded courses: Orange (50m), Purple (75m), Pink (100m), Blue (125m), Lime (150m), and finally, Grey (175m). Once they complete all levels, juniors enter the Par 27 series, where they start on the 25-meter course again, but with the added challenge of playing all holes as par 3s.

Results from the weekend:

• White Course (25m):

- 1st Place: Joshua William – Score: 25
 - 2nd Place: Johann Stubner – Score: 30
 - 3rd Place: Wian Wiesner – Score: 32
- These players graduate to the Orange course.

• Purple Course (75m):

- 1st Place: Daniel Harber – Score: 29
 - 2nd Place: Benjamin Volschenk – Score: 39
- Daniel moves on to the Pink course.

• Pink Course (100m):

- 1st Place: Wiehan Swart – Score: 29
 - 2nd Place: Savannah Wolseley Brinton – Score: 42
- Wiehan advances to the Blue course.

- Blue Course (125m): 1st Place: Sergio Gomes – Score: 37
- Lime Course (150m): Marko Swart – Score: 42

- Grey Course (175m): 1st Place: Fred Wolseley Brinton – Score: 35

Congratulations to Fred, who now moves on to the Par 27 series, starting again on the White course with all holes set to par 3.

The next event will take place on Sunday 30 March, and we can't wait to see how these young golfers continue to progress. Good luck to all participants, and remember, it's not just about the scores but the skills and experience gained along the way. Keep practising, and we'll see you on the course!



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L'HUGUENOT VINEYARDS

MARCH 2025 LINE UP



**FRIDAY 14 MARCH:
CLOSED FOR PRIVATE FUNCTION**



THIRSTY THURSDAY ON 20 MARCH

WINE LOUNGE & BAR OPEN UNTIL 19:00

DRINKS SPECIALS & "LEKKER" BENNIES BISTRO

Eat in or place your Take-away order by 17:00 on Wed 19 March



**FRIDAY 21 MARCH:
CLOSED FOR PUBLIC HOLIDAY**



*UNwine'd
Friday*

FRIDAY 28 MARCH 17:00-21:00

BENNIES BISTRO

MOZAMBIQUE STYLE HALF-CHICKEN & CHIPS:

LEMON & HERB @ R190

FOOD ORDERS CLOSE 17:00 THURSDAY 27 MARCH

LIVE MUSIC BY TRIVENO



**BOOK YOUR TABLE, PRE-ORDERS ARE ESSENTIAL: experience@lhuguenot.com | 021 876 8037
LAST FOOD ORDERS TO BE PLATED BY 19:00 ON FRIDAY 28 MARCH 2025**



WOTM 
wine of the month

MARCH WINE SPECIALS



Celebrate the joy of harvest time!
**Get a 20% discount on a case (6) - or more
on selected Chenin Blanc.**

L'Huguenot Chenin Blanc @ R70
The Val De Vie Perfect Host Chenin Blanc @ R120
Leopards Leap Culinaria MCC @ R 195

Deliveries to your door: Tuesday - Thursday (T&C)*

(T&C) Home deliveries :

Tuesdays - Thursday: Minimum order of one case

Same day delivery for orders before 9AM

Credit card or EFT payment

Email: orders@lhuguenot.com



BACK'S POLO PAVILION

BORDEAUX

at Back's

80% SOLD OUT

14 Bordeaux wines presented
by 3 French winemakers
paired with a three-course dinner

Date	27 March 2025
Time	17:30 for 18:00
Cost	R1 875 per seat

BACK'S

 WINE CELLAR

Book online

CS BIODYNAMICISTS AT PEARL VALLEY GYM

ACL INJURIES

AN ACL (ANTERIOR CRUCIATE LIGAMENT) INJURY IS A SPRAIN OR TEAR OF THE LIGAMENT THAT STABILIZES THE KNEE. IT COMMONLY OCCURS DURING SPORTS INVOLVING SUDDEN STOPS, CHANGES IN DIRECTION, OR JUMPING.

Causes



- Sudden pivoting or cutting movements
- Landing incorrectly from a jump
- Direct impact to the knee
- Rapid deceleration while running

Types:

Grade 1: Mild sprain, ligament is stretched but intact

Grade 2: Partial tear, ligament is loosened

Grade 3: Complete tear, knee becomes unstable

CLASSIFICATIONS OF ACL INJURY



SYMPTOMS

- A "popping" sound at the time of injury
- Swelling & pain within hours
- Instability or knee "giving way"
- Loss of full range of motion

BENEFITS OF A BIOKINETICIST

- Conservative treatment
- strength, stability & neuromuscular training
- Strengthens surrounding muscles to protect the knee
- Restores balance, stability & mobility
- Reduces risk of re-injury

To get in touch with the Biokineticists, kindly send an email to csbiokineticists@gmail.com

CAMELOT SPA AT PEARL VALLEY



Radiant Retreat
45min Back, Neck & Shoulder Massage
30min Thalgo Hydra-Radiance Facial
45min Nail Care & Gelish
R1 590 | Save R360

Spa Serenity
60min Swedish Body Massage
30min Indian Head OR Pressure Point Foot Massage
15min Back scrub
R1 300 | Save R340

Valid 1 - 31 March 2025.

Val de Vie Estate
021 867 8001 | 066 354 0093 (WhatsApp)
valdevie@camelotspa.co.za
www.camelotspa.co.za

CAMELOT SPA
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PEARL VALLEY HOME OWNERS ASSOCIATION

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| ☎ Val de Vie Main Gate - +27 21 863 6110/6138 | ☎ Medicross Paarl- +27 21 872 3867 |
| ☎ Berg River Registration Centre - +27 21 863 6137 | ☎ SAPS- +27 21 807 4000 |
| ☎ Voltano Metering - +27 86 186 5826 | ☎ Paarl Fire Brigade- +27 21 872 2323 |

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

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