

REMINDER: PVHOA SPECIAL GENERAL MEETING - 4 JULY

Homeowners are reminded of the PVHOA Special General Meeting scheduled for 6:00 pm on Thursday, 4 July, at the Pearl Valley Conference Venue.

Members who are not able to attend the meeting in person will be able to do so online via the Lumi platform. To register for online, please click here: <https://reg.lumiengage.com/pvhoa-sgm-2024>

Please click on the links below to view the following documents:

- [Notice of Special General Meeting, including Annexures A and B](#)
- [Form of Proxy \(appointing an individual to vote on your behalf\)](#)
- [Consent Form \(when property is owned by more than one person\)](#)
- [Resolution Form \(when property is owned by a trust, close corporation or company\)](#)

Homeowners are welcome to submit their documentation (if applicable) in person at the HOA offices or via email at info@pvhoa.co.za.

PEARL VALLEY GOLF

Adjusting Your Golf Game to Suit Wet and Soggy Course Conditions

Winter has officially started in the Southern Hemisphere. June marks the start of the winter season, and during this period, the Western Cape experiences heavy rainfall. Luckily Pearl Valley has one of the best drainage systems in the country which allows us to remain open when many other courses need to close after heavy rains.

Here are a few easy tips on how to adjust to the wet conditions.

STEP 1: RAISE YOUR ARC

Because the ground is so soft, your feet will sink into the turf when you address the ball, lowering the bottom of your swing arc. If you don't adjust, you'll catch the shot fat. Simply choke down an inch and position the ball in the center of your stance.

STEP 2: HOVER THE CLUB

Only your dry cleaner wants you to take a big divot on a wet track. Stand "taller" at setup so you can hover the club above the ground and line up its leading edge with the ball's equator. This will help you make a slightly descending strike, not a chop.

STEP 3: HIT THE SPOT

To ensure that you hit the ball first and minimize the wet turf's effect, aim for a spot on the ground an inch in front of the ball. Make sure the clubhead and your right knee reach the ball simultaneously. Time it right and you'll hit all ball—and be putting for birdie.

For any assistance or enquiries, feel free to contact the golfing professionals:

James Wade at James.Wade@pearlvalley.co.za or call 082 435 5831

Sevey Links at Sevey.Links@pearlvalley.co.za or call 082 214 8014



THE VALLEY RESTAURANT




 VAL de VIE
 PEARL VALLEY
 JACK NICKLAUS
 SIGNATURE GOLF COURSE



FROM
18:00

THURS
4 JULY

SEAFARER'S
 • SUPPER CLUB •
 SEAFOOD CUISINE

JOIN US

AT THE VALLEY RESTAURANT FOR
 A DELIGHTFUL EVENING OF
 DELICIOUS SEAFOOD CUISINE



BOOK NOW

Bookings are essential

THE VALLEY RESTAURANT



EVERY TUESDAY
FROM

17:00

ENJOY A DELICIOUS
PASTA OR PIZZA
FOR JUST

R 135

INCLUDES A
COMPLIMENTARY

Dessert

MAKE YOUR RESERVATION

WhatsApp: 071 644 6743 | Call: 021 867 8000



ENJOY A CURRY
WITH A COMPLEMENTARY
500ML STELLA DRAUGHT
EVERY WEDNESDAY *from 17:00*

IN PARTNERSHIP WITH



L'HUGUENOT VINEYARDS



Let's get together, invite your **friends and neighbours** and let's celebrate the start of the weekend with a fine selection of wines at **cellar door prices** and a **traditional spitbraai!**

SPITBRAAI

TAKE AWAY OPTIONS AVAILABLE ON THE NIGHT

DATE: FRIDAY, 28 JUNE 2024
Book your Spitbraai ticket | R200 per person

Ticket includes a complimentary glass of wine & lamb on the spit, baby potatoes, onions, garlic bread, green salad and curry pasta.

E: experience@lhuguenot.com | T: 021 876 8037



WINE | BEER | PIZZA | COZY FIREPLACE & good conversations...

New Grab and Go Winter Menu 1

New Grab and Go Winter Menu 2

New Grab and Go Winter Menu 3

SELA VIE

UP NEXT *at* SELA VIE

TASTE OF INDIA | DINNER-TO-DOOR

TASTE OF INDIA

28 & 29 June | 18:00

Sela Vie presents Taste of India

BOOK ON DINEPLAN

MOTHERDOUGH
1919

ADD A LOAF OF MOTHERDOUGH TO YOUR DINNER
WHEN YOU ORDER ON WHATSAPP

OPENING HOURS:
07:30 - 15:00



DINNER *to your* DOOR

Monday - Thursday | Directly to your door!
ONLY 30 PORTIONS AVAILABLE PER NIGHT



MEAT-FREE MONDAY

Mediterranean bowl with cous-cous, feta, olives, tomato, baby spinach, chickpeas & red onion with a cumin yogurt dressing
R150 pp

TRIM TUESDAY

Grilled chicken with roasted baby potatoes and grilled veg
R150 pp



CURRY WEDNESDAY

Butter chicken curry with fragrant basmati rice, sambals, raita and a poppadum
R175 pp

TASTY THURSDAY

Chicken and chorizo ozo with tomatoes and parmesan cheese
R150 pp



Kids Menu



MONDAY: Mac and cheese

TUESDAY: Grilled honey chicken on a bed of rice with steam broccoli

WEDNESDAY: Cheese and chicken quesadilla

THURSDAY: Baked beef penne pasta with cheese

R90 PER CHILD



DELIVERIES POWERED
BY PLATINUM WHEELS

Order via WhatsApp

UP NEXT *at* SELA VIE

BBB NIGHT 

BURGERS, BOKKE
AND BRANDY



6 JULY | BOOKINGS FROM 15:00

BOOK ON DINEPLAN

[Book on Dineplan](#)

BACK'S RESTAURANT AND DELI



Pearl Valley Hotel by Mantis Winter Menu

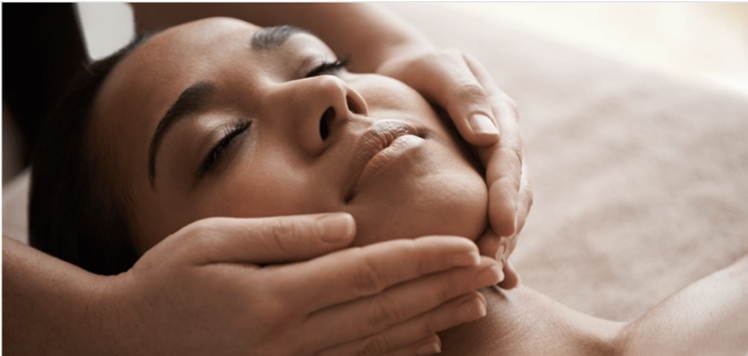
Polo Pavilion Main Menu

CAMELOT SPA

WINTER WARMER
 60min Hot Stone Massage
 30min Thalgo Hydra-Radiance Facial OR
 ThalgoMen Express Fortifying Treatment For Men
Includes a Luxury Heat Pack
R1 650 | Save up to R450

PETITE PERSONALISED JOURNEY
 Choose any 6 of the below treatments
R2 580 | Save up to R670
 Choose any 4 of the below treatments
R1 720 | Save up to R590
 Choose any 3 of the below treatments
R1 290 | Save up to R470

- 30min Pressure Point Foot Massage
- 30min Back, Neck & Shoulder Massage
- 30min Indian Head Massage
- 30min Classic Manicure
- 30min Classic Pedicure
- 30min CSpa Aroma Wellness Facial
- 30min Salt Glow Body Scrub



WINTER BLISS

Val de Vie Estate
 021 867 8001
 valdevie@camelotspa.co.za
 www.camelotspa.co.za

CS BIOKINETICISTS

Holiday Special ON INBODY

Valid from 15 June to 3 July

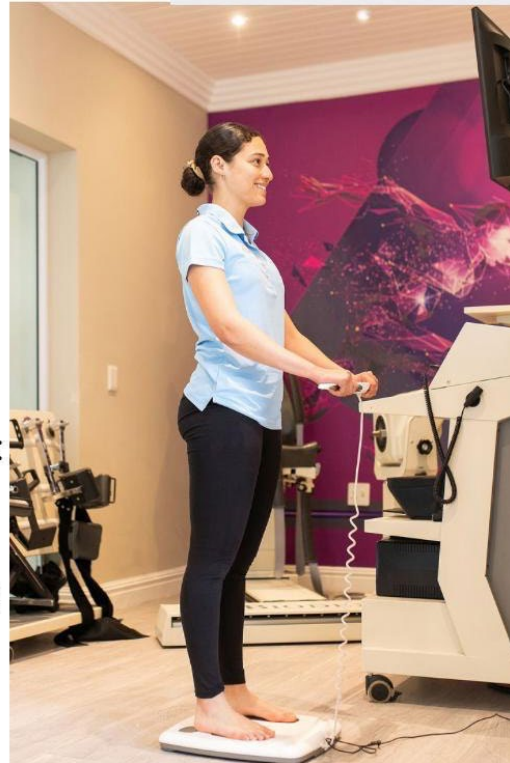
R100



A body composition analysis performed by a device, which uses bioelectrical impedance analysis (BIA) to provide detailed insights into a person's body composition.

Key components of Inbody

- Body Fat Percentage (BF%):
- Skeletal Muscle Mass (SMM):
- Total Body Water (TBW):
- Body Mass Index (BMI):
- Basal Metabolic Rate (BMR):
- Segmental Lean Analysis:
- Visceral Fat Level:



PEARL VALLEY CONTACT DETAILS

PEARL VALLEY HOA

- ☎ 021 867 8000
- ✉ info@pvhoa.co.za
- ✉ debtors@pearlvalley.co.za (Levy Accounts enquiries)
- 🌐 www.pvhoa.co.za

SECURITY

- ☎ Security Control Room – 021 867 1201
- ☎ Pearl Valley Main Gate - 021 867 1203
- ☎ Val de Vie Main Gate - 021 863 6110/6138
- ☎ Berg River Registration Centre - 021 863 6137

EMERGENCY CONTACT DETAILS

- ☎ ER24 Paarl - 084 124
- ☎ Paarl Mediclinic - 021 807 8000
- ☎ Medicross Paarl - 021 872 3867
- ☎ SAPS - 021 807 4000
- ☎ Ambulance - 101 77
- ☎ Paarl Fire Brigade - 021 872 2323
- ☎ Drakenstein Municipality - 021 807 4500
- ☎ Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

Pearl Valley Golf & Country Estate, R301, Wemmershoek Road, Paarl, Cape Town, South Africa 7646, South Africa, 0218678000

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