



HOA ROADWORKS

Please note the following update on the road repairs being carried out by the HOA, referring to the map below:

Bear Creek Boulevard between Shoal Creek Crescent and the booms

Work commenced this week and is progressing smoothly. The team has completed the first layer of asphalt near the intersection of Shoal Creek Crescent and Bear Creek Boulevard.

Traffic flow is restricted during this period. Stop/Go controls are in place, and flagmen are on duty to direct traffic. At times, the road needs to be completely closed, requiring drivers to take an alternative route around the Estate. During these closures, only residents of house numbers 88–102 can access that section of the road from the boom gate side.

Road users are asked to drive with extra care in the affected areas and respect the role of the flagmen, who are directing traffic to ensure safe passage and the safety of the work teams. Thank you for your understanding and cooperation.



REMINDER: ANNUAL CONTRACTOR SHUTDOWN

The annual construction industry shutdown will run between Friday 13 December 2024 and Monday 13 January 2025. During the shutdown period, no building activities or contractor companies are permitted on the Estate, except for emergency repairs (e.g. burst geysers, plumbing or electrical failures).

Domestic garden service operators and pool cleaning services may continue their regular maintenance and upkeep activities. However, no garden or pool service providers will be permitted to work on the Estate between Christmas and New Year. Courier services and home delivery services will operate as usual throughout the holiday period.

REMINDER: KIDNAPPING AND SITUATIONAL AWARENESS SESSIONS

- Message from Security Management

Dear Residents,

As changes in the broader environment and shifts in urban security become more pronounced, situational awareness skills are essential. We are pleased to offer an "Express Kidnappings and Situational Awareness" talk by Herman Bosman, a leading expert from TSU Protection Services. The sessions are open to all residents of Val de Vie and Pearl Valley and promise valuable insights and practical tools for responding to unforeseen situations, helping you to recognise and manage potential threats to enhance personal safety.

Details of sessions at Val de Vie:

Dates: Friday, 22 November and Saturday, 23 November 2024

Times: 11:00 and 14:00 each day

Duration: Two hours (including Q&A)

Venue: L'Huguenot Cellar

Details of session at Pearl Valley:

Date: Monday 25 November

Time: 11:00

Duration: Two hours (including Q&A)

Venue: Pearl Valley Conference Venue

To secure your seat, please RSVP to Ronecia Adams at ronecia.adams@vdrvhoa.co.za with your preferred date and time.

PEARL VALLEY GOLF



Under Armour Breaking Par Series – November 2024 Recap

The Under Armour Breaking Par Series continued to shine bright in November, with 15 talented junior golfers competing in a thrilling event on 17 November 2024. Held under near-perfect weather conditions, with slick putting greens and challenging tucked pins, the course presented a true test for the rising stars.

The juniors showcased impressive skills in five distinct divisions based on their playing distances, and the competition was fierce from start to finish.

Event Results:

White Division (25m)

1. Johann Stubner – 43
2. Alex Bylos – 47
3. Tatum Tobias – 49
4. Gabriel Bylos – 49

Orange Division (50m)

1. Liam Cronje – 33
2. Kiwa Sasaki – 37
3. Benjamin Volschenk – 44

Purple Division (75m)

1. Savannah Wolseley Brinton – 34
2. Daniel Volschenk – 38

Pink Division (100m)

1. Reid Cornish – 34
2. Wiehan Swart – 37

Turquoise Division (125m)

1. Fred Wolseley Brinton – 32
2. Sergio Gomes – 37
3. Marko Swart – 40

Graduate Highlights:

The November edition also saw a few juniors graduate to higher divisions as they demonstrated outstanding performances:

- Liam Cronje – Promoted to Purple (75m)
- Savannah Wolseley Brinton – Promoted to Pink (100m)
- Reid Cornish – Promoted to Turquoise (125m)
- Fred Wolseley Brinton – Promoted to Lime (150m)

Looking Ahead

The November event was an exciting showcase of emerging talent, and we're thrilled to see such skill and determination from the juniors. We look forward to another action-packed event in December, where we'll once again witness the growth and competition of these young golfers. Stay tuned for more updates and results, and see you on the course in December!

**LADIES CLINIC**

Every Wednesday morning from 9:00 – 10:00

- Driving range work (long game and approach play)
- Swing analysis
- Short game skills (putting and chipping)
- Monthly competitions
- Bunker play
- On-course management and situational training
- Performance psychology coaching

For more information, please contact James Wade at 082 435 5831 or via email james.wade@pearlvalley.co.za.

PEARL VALLEY GOLF SHOP



Don't Miss Out: Black Friday at Pearl Valley Golf Shop!

Get ready for unbeatable discounts on premium golf gear and accessories. ☐☐ ♂

Swing by the Pearl Valley Golf Shop and take advantage of these incredible deals! ☐
R499 Under Armour shirts!



THE VALLEY RESTAURANT

The Valley Restaurant
**COME TRY OUR
NEW SUMMER
MENU**



[View menu here](#)



**ENJOY A CURRY
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UNwine'd FRIDAY

22 NOVEMBER 2024
17:00 - 21:00

Celebrate the start of the weekend with beautiful views and spacious lawns where kids can play and have FUN!

Our loyal suppliers will be giving delicious tastings their wine, beer, food and more!

"LEKKER" SMOKED RIBS AND LOADED FRIES

MENU

SMOKED RIBS (300G) SERVED WITH CHIPS - R220
LOADED FRIES SERVED WITH BRISKET AND CHEESE - R200

VILLAGE
deli

GREEFF

CHRISTIE'S
INTERNATIONAL REAL ESTATE

Bennie's Bistro

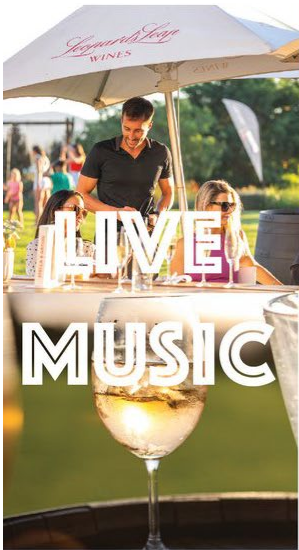
LIVE MUSIC

PRE-ORDERS ARE ESSENTIAL

E: experience@lhuguenot.com | T: 021 876 8037



SMOKED RIBS | WINE | BEER | GIN | PIZZA | KIDS PLAY AREA | GRAB & GO MEALS



ANNO 1888
L'HUGUENOT
VINEYARDS

UNwine'd Friday

VILLAGE
deli

WINE | BEER | PIZZA | KIDS PLAY AREA | GRAB & GO MEALS

Let's get together, invite your friends and neighbours, bring the kids and let's celebrate the start of the weekend with a fine selection of wines at cellar door prices, beautiful views and spacious lawns where kids can play and have FUN!

Join our wine loving community from 17:00 - 21:00

22 NOV



"LEKKER" SMOKED RIBS AND LOADED FRIES

MENU

SMOKED RIBS (300G) SERVED WITH CHIPS - R220
LOADED FRIES SERVED WITH BRISKET AND CHEESE - R200

Book your table, pre-orders are essential
experience@lhuguenot.com | 021 876 8037

29 NOV



MUSICAL CELEBRATION with PIZZA & WINE



Nothing better than sharing a glass of wine & pizza with your friends and your community.

Support the musical talents of Mbekweni Community Music Academy and Christmas Carols by the children from Kinder Ark.

Book your table:
experience@lhuguenot.com | 021 876 8037

BUY YOUR FESTIVE SEASON WINE AT SPECIAL PRIZES!

VILLAGE DELI



Get 20% DISCOUNT
on all leather goods at ViLLAGE deli
for the month of November!

SELA VIE

DINNER *to your* DOOR

Monday - Thursday | Directly to your door!
ONLY 30 PORTIONS AVAILABLE PER NIGHT



[View menu here](#)

[Order via WhatsApp](#)

BIRTHDAY SPITBRAAI

SATURDAY 14 DECEMBER 2024

12:30

R245 PER PERSON

R145 PER CHILD



[Book here](#)

CHILDREN & PHYSICAL THERAPY

Biokinetics/Physical Therapy for children:

- Biokineticists provides individualized rehabilitative programs
- It is a non invasive way to assist with physical rehabilitation
- It can assist with development skills that may be delayed or lacking due to developmental conditions, diseases/disability.



- Strength
- Flexibility
- Balance
- Coordination
- Posture
- Gait

Common chronic paediatric conditions:

- Cystic Fibrosis (affects pulmonary system)
- Autism (developmental disorder)
- Cerebral Palsy (neuromuscular)
- Muscular Dystrophy (neuromuscular)
- Spina Bifida (neural tube defect)
- Muscle dystrophy/low muscle tone

References:

<https://fbikinetics.co.za/paediatric-conditions-children-physical-therapy/>



Benefits

- Improve fine & gross motor skills
- Improve Functional mobility skills
- Boost self-confidence
- Improved function of muscles aiding breathing and oxygen consumption
- Reduced spasticity and increase in range of motion
- Reduction in body fat and increase in muscle mass
- Improved coordination/skill of movements
- Improved sense of wellness, body image and capacity to perform ADL



PEARL VALLEY CONTACT DETAILS

PEARL VALLEY HOA

- ☎ 021 867 8000
- ✉ info@pvhoa.co.za
- ✉ debtors@pearlvalley.co.za (Levy Accounts enquiries)
- 🌐 www.pvhoa.co.za

SECURITY

- ☎ Security Control Room – 021 867 1201
- ☎ Pearl Valley Main Gate - 021 867 1203
- ☎ Val de Vie Main Gate - 021 863 6110/6138
- ☎ Berg River Registration Centre - 021 863 6137

EMERGENCY CONTACT DETAILS

- ☎ ER24 Paarl - 084 124
- ☎ Paarl Mediclinic - 021 807 8000
- ☎ Medicross Paarl - 021 872 3867
- ☎ SAPS - 021 807 4000
- ☎ Ambulance - 101 77
- ☎ Paarl Fire Brigade - 021 872 2323
- ☎ Drakenstein Municipality - 021 807 4500
- ☎ Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

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