

ANNUAL CONTRACTOR SHUTDOWN

The annual construction industry shutdown will run between Friday 13 December 2024 and Monday 13 January 2025. During the shutdown period, no building activities or contractor companies are permitted on the Estate, except for emergency repairs (e.g. burst geysers, plumbing or electrical failures).

Domestic garden service operators and pool cleaning services may continue their regular maintenance and upkeep activities. However, no garden or pool service providers will be permitted to work on the Estate between Christmas and New Year. Courier services and home delivery services will operate as usual throughout the holiday period.

LAST BUILDING PLAN SUBMISSION DATES FOR 2024

As we approach the end of the year, please take note of the final Design Review Committee meeting date and submission deadline for building plans in 2024:

DRC Meeting 28 November – Submission deadline: 22 November

Please ensure that submissions are in by the deadline in order to allow for timely review. Late submissions will be reviewed in the New Year.

REMINDER: REVISION OF THE PEARL VALLEY ESTATE RULES

The HOA is carrying out a comprehensive review of the Pearl Valley Estate Rules and Transgression Chart, which were last updated in August 2020.

Together with the HOA's Constitution, the Estate Rules document is a critical part of the HOA's governance and management systems, as it essentially sets out the values and standards of conduct that apply to everyone on the Estate, including owners, tenants, visitors, contractors, and service providers.

The PVHOA Constitution authorises the Board of Trustees to make and amend rules and to determine sanctions or penalties that will apply in the event of rule transgressions. Once rules

are approved by the Board, they become binding on all parties.

Homeowners have the opportunity to submit any comments, suggestions or questions regarding the Estate Rules to info@pvhoa.co.za, with the subject line "Estate Rules", by **tomorrow**, **Friday 15 November**.

The revised Rules document will be published for homeowners' review prior to formal approval by the Board of Trustees.

A copy of the current Estate Rules document is available on the HOA's website here.

REMINDER: HOA ROADWORKS

Please note the following update on the road repairs being carried out by the HOA, referring to the map below:

Bear Creek Boulevard between Shoal Creek Crescent and the booms

Work will begin on Monday 18 November and take approximately five days to complete, weather permitting. Traffic flow will be restricted during this period. Stop / Go controls will be in place and flagmen will be on duty to direct traffic. At times, the road will need to be completely closed, requiring drivers to take an alternative route around the Estate. During these closures, only residents of house numbers 88–102 will be able to access that section of the road from the boom gate side.

Road users are asked to please drive with extra care in the affected areas and respect the role of the flagmen who will be directing traffic to ensure safe passage and the safety of the work teams. Thank you for your understanding and co-operation.



LOST AND FOUND ITEMS

The HOA office has a growing collection of personal belongings, including items of clothing, sports equipment, scooters and electronic devices that have been picked up around the Estate.

If you have recently misplaced an item, please get in touch with Daphne Smith at 021 867 8000 or via email daphne.smith@pvhoa.co.za.





REMINDER: KIDNAPPING AND SITUATIONAL AWARENESS SESSIONS

- Message from Security Management

Dear Residents,

As changes in the broader environment and shifts in urban security become more pronounced, situational awareness skills are essential. We are pleased to offer an "Express Kidnappings and Situational Awareness" talk by Herman Bosman, a leading expert from TSU Protection Services. The sessions are open to all residents of Val de Vie and Pearl Valley and promise valuable insights and practical tools for responding to unforeseen situations, helping you to recognise and manage potential threats to enhance personal safety.

Details of sessions at Val de Vie:

Dates: Friday, 22 November and Saturday, 23 November 2024

Times: 11:00 and 14:00 each day

Duration: Two hours (including Q&A)

Venue: L'Huguenot Cellar

Details of session at Pearl Valley:

Date: Monday 25 November

Time: 11:00

Duration: Two hours (including Q&A) Venue: Pearl Valley Conference Venue

To secure your seat, please RSVP to Ronecia Adams at <u>ronecia.adams@vdvhoa.co.za</u> with your preferred date and time.

PEARL VALLEY GOLF



The **2024 Pearl Valley Club Championship** was held over the past weekend, kicking it off with a special chip-off on the deck competition on Friday, 8 November.

Pearl Valley would like to thank all the members who came out to compete in this prestigious event. A total of 128 players participated, and the club is proud to host such a Championship-level event on a course like Pearl Valley.

The winners are:

Mens A Division: Oliver Schriven finished with a score of 75 and 70 earning the title of Club Champion for 2024.

Ladies A Division: Alessia Goussard claimed victory with an outstanding score of 84 and 67 for the 36 holes. This is her fourth consecutive title.

A special mention to our new Senior Champions: Bruno Fassler, who won the Men's Division, and Juta Oehlrich who triumphed in the Ladies Senior Division.

A massive thank you to all the sponsors who made the day possible.

- Golf tip from PGA Professional, Sevey Links:

Using technology like launch monitors, force plates, and video analysis in golf lessons offers several advantages:

1. Precise Data Collection

Launch Monitors: Provide detailed metrics on ball speed, launch angle, spin rate, and more, allowing for precise adjustments to your swing.

Force Plates: Measure weight distribution and ground reaction forces, helping to analyze how your body interacts with the ground during a swing.

2. Enhanced Swing Analysis

Video Analysis: Offers visual feedback, allowing instructors and players to identify specific areas for improvement in technique and posture.

Slow-motion playback helps dissect each phase of the swing.

3. Personalised Feedback

Data from these technologies allows for tailored coaching based on your unique swing characteristics, rather than generic advice.

4. Tracking Progress

Continuous use of technology helps track improvements over time, giving tangible evidence of how changes are affecting performance.

5. Improved Learning Experience

Visual and quantitative data can enhance understanding and retention of swing mechanics, making lessons more engaging.

6. Injury Prevention

Analyzing biomechanics through force plates can help identify swing flaws that may lead to injury, allowing for corrective measures to be implemented.

7. Informed Practice

Understanding your data helps you practice more effectively, focusing on areas that need the most attention rather than just hitting balls aimlessly.

8. Competitive Edge

Access to cutting-edge technology can give players an advantage by refining their skills more effectively than traditional methods.

9. Goal Setting

Clear metrics allow players to set specific, measurable goals for improvement, making practice more purposeful.

Incorporating these technologies can significantly enhance the quality of golf instruction and help players at all levels reach their full potential.

For any further advice on technology devices, feel free to contact the golfing professionals:

- James Wade at James Wade at James Wade at James Wade@pearlvalley.co.za or call 082 435 5831
- Sevey Links at Sevey.Links@pearlvalley.co.za or call 082 214 8014



LADIES CLINIC

Every Wednesday morning from 9:00 – 10:00

- Driving range work (long game and approach play)
- Swing analysis
- Short game skills (putting and chipping)
- Monthly competitions
- Bunker play
- On-course management and situational training
- · Performance psychology coaching

For more information, please contact James Wade at 082 435 5831 or via email james.wade@pearlvalley.co.za.

THE VALLEY RESTAURANT



View menu here



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EVERY WEDNESDAY from 17:00

IN PARTNERSHIP WITH





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Let's get together, invite your friends and neighbours, bring the kids and let's celebrate the start of the weekend with a fine selection of wines at cellar door prices, beautiful views and spacious lawns where kids can play and have FUN!

Join our wine loving community from 17:00 - 21:00

5 NOV



22 NOV



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SMOKED RIBS (300G) SERVED WITH CHIPS - R220 LOADED FRIES SERVED WITH BRISKET AND CHEESE - R200

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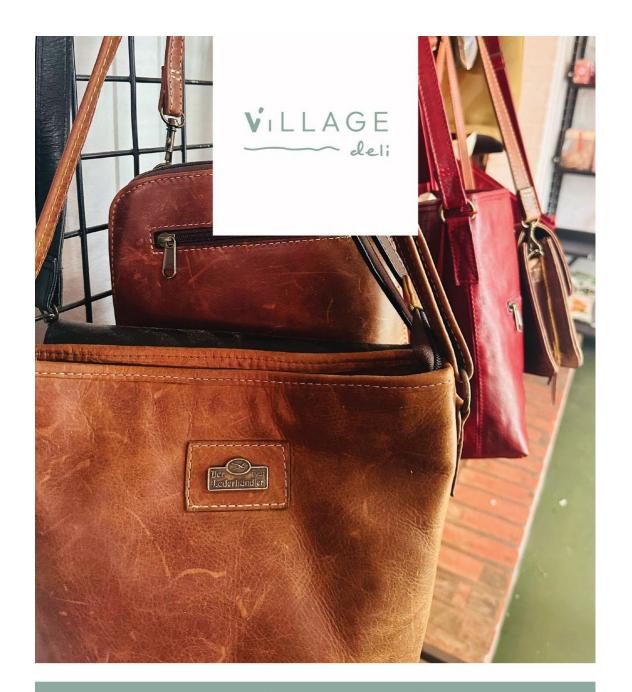
15 NOVEMBER 2024

MENU

SMOKED RIBS (300G) SERVED WITH CHIPS - R220 LOADED FRIES SERVED WITH BRISKET AND CHEESE - R200



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View menu here

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PEARL VALLEY CONTACT DETAILS

PEARL VALLEY HOA

021 867 8000

info@pvhoa.co.za

debtors@pearlvalley.co.za (Levy Accounts enquiries)

www.pvhoa.co.za

SECURITY

Security Control Room – 021 867 1201

Pearl Valley Main Gate - 021 867 1203

Val de Vie Main Gate - 021 863 6110/6138

Berg River Registration Centre - 021 863 6137

EMERGENCY CONTACT DETAILS

ER24 Paarl - 084 124

Paarl Mediclinic - 021 807 8000

Medicross Paarl - 021 872 3867

SAPS - 021 807 4000

Ambulance - 101 77

Paarl Fire Brigade - 021 872 2323

Urakenstein Municipality - 021 807 4500

Voltano Metering App - 086 186 5826

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

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