

MTB EXPEDITION

The 2nd edition of the prestigious Shesha Fuels Val de Vie Mountain-Bike Expedition takes place on 7-9 October 2022.

The event starts and finishes daily at the Pearl Valley Clubhouse and utilises trails within the Estate on Saturday 8 and Sunday 9 October.

Besides the 3-day stage race, which constitutes the Winelands' signature mountain-bike stage race, the Expedition also caters for residents in a 42km single day fun ride on Sunday 9 October. There will be marshals present to show riders where to go.

Residents can enter at Pearl Valley Conference Room inside the Pearl Valley Clubhouse on one of the following dates and times:

- *Friday, 7 October: 09h00 – 13h30*
- *Sunday, 9 October: 06h00 – 07h00*
- The Mini Expedition fun ride starts at 07h40.

For more information about the Expedition, go to www.mtbexpedition.co.za. To view the route maps for each stage, please click on buttons below.

Stage 1 Route Map

Stage 2 Route Map

Stage 3 Route Map

Stage Mini Route Map



PEARL VALLEY GOLF ACADEMY

We would like to wish all Pearl Valley Golf Academy players playing in the *Dimension Data Junior Open* this weekend the best of luck. They are playing in the beautiful Garden Route; George and Kingswood Golf Course.

If you would like to follow their progress, please click on the link below:

<https://www.golfrsa.com/>



SUNDOWNERS SERIES

The 2022 *Pearl Valley Sundowner Series* is back with the next round of the Series taking place on Friday, 28 October 2022.

Please place your entry with the Pearl Valley Golf Shop team. To get in touch with them, please contact them directly at: 021 867 8046 / golfshop@pearlvalley.co.za

UNDER ARMOUR

2022 PEARL VALLEY SUNDOWNER SERIES

25 MAR '22 | 6 MAY '22 | 27 MAY '22 | 24 JUN '22
29 JUL '22 | 26 AUG '22 | 23 SEP '22 | 28 OCT '22
25 NOV '22 | 16 DEC '22 | 27 JAN '23 | 24 FEB '23

THE 2022/23 UNDER ARMOUR SUNDOWNER SERIES PROMISES TO BE BIGGER AND BETTER THAN BEFORE WITH PEARL VALLEY AND DE ZALZE JOINING THIS YEAR'S SERIES, AND THE OPPORTUNITY FOR THE TOP FIVE FINISHERS ON THE ORDER OF MERIT TO WIN THROUGH TO THE FINAL AT PEARL VALLEY IN MARCH 2023, WHERE THE WINNER WILL WALK AWAY WITH A R15 000 UNDER ARMOUR MAKEOVER AS WELL AS GREAT PRIZES FROM KWV.

FORMAT: BETTERBALL STABLEFORD
ENTRY FEE: R295 (EXCL GART) AND R100 COMPETITION FEE
INCLUDES A SHARED PIZZA AND KWV CRUXLAND GIN

BOOKINGS: CONTACT THE PRO SHOP ON 021 867 8000

WWW.UNDERARMOUR.CO.ZA



LOST DOCUMENTS ON THE ESTATE

On Thursday morning 29 September, a friend of a Pearl Valley resident placed three envelopes containing certified documents on the roof of his vehicle and then drove away. The envelopes fell off in Bear Creek Boulevard.

The resident was notified by contractors working in the specific street that they noticed a man in a golf cart collecting papers off the road.

If anyone is able to provide any information about the envelopes to the resident, please contact the HOA urgently at info@pvhoa.co.za.

The resident is offering a cash reward for the return of the documents.

CAMELOT SPA AT PEARL VALLEY

Breast Cancer Awareness Month

October is Breast Cancer Awareness Month, an annual campaign to raise awareness about the impact of breast cancer. There is great need to raise awareness and reduce the stigma of breast cancer through education on symptoms and treatment. Early detection of the condition can lead to effective treatment and a positive prognosis. Do your check-up and take care of yourself.

Camelot Kids

Celebrate the school holidays with Camelot Kids Spa treatments specifically designed for children.

Happy World's Teachers day!

Spoil your favourite teacher and give the gift of wellness this Teacher's Day (28 October).

Bellabaci Sport SOS Repair Ointment is the answer!

Bellabaci SOS Repair Ointment, infused with CBD, provide relief on the spot by applying it on the area of discomfort to quickly reduce inflammation, swelling and pain.

☎ + 27 21 867 8001 / WhatsApp +27 66 354 0093

✉ valdeviemanager@camelotspa.co.za



CAMELOT KIDS[®]
12 YEARS & UNDER

CAMELOT SPA[®]
VAL DE VIE

SNAKE AWARENESS

The HOA would like to remind residents that snake activities on the Estate are becoming more frequent. The most common snakes found are the Puff Adder (*Pofadder*) and Cape Cobra (*Kaapse Kobra*). The Puff Adder is an aggressive snake that has a reputation for attacking without warning. When threatened, the Cape Cobra, on the other hand, is able to stand its ground and quickly forms a hood when it feels threatened and bites with ease.

Should you encounter a snake on the Estate, please contact the Security Control Room at 021 867 1201 or Pearl Valley Main Gate at 021 867 3266 who are trained and equipped to handle snakes and to assist with snake removal. (Image credit: African Snake Bite Institute)



Puff Adder



Cape Cobra

THE VALLEY RESTAURANT

Visit The Valley Restaurant for a delicious four-course menu with wine pairing from Uva Mira.

Date and time: 20 October | 18:00 - 20:00

Venue: Pearl Valley Signature Lounge

Cost: R650pp



[Book now](#)

[Click here to view menu](#)



CJ STANDER



HEINZ WINCKLER



ROLENE STRAUSS



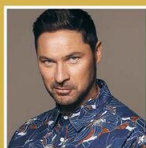
NICO PANAGIO



JEAN DE VILLIERS



ZANDER LOMBARD



NEELS VAN JAARSVELD



IVAN BOTHA



FRANK RAUTENBACH



REUBEN RIFFEL



VODACOM SHOP CELEBRITY GOLF DAY TUESDAY 25 OCTOBER 2022

R12 000 (VAT INCLUSIVE) PER THREE BALL

10:00 Registration Opens | 12:30 Shotgun Start

Pearl Valley Jack Nicklaus Signature Golf Course at Val de Vie Estate

Four Ball Alliance | Two scores to count and all on par 3's

INCLUDED IN EACH THREE BALL PURCHASE:

Prize-giving dinner | Live auction with all funds donated to Hope Through Action in Mbekweni, Paarl |
A celebrity gets allocated to each three-ball | Golf shirt and goodie bag with gifts on arrival | Halfway meal
included on the day | On-course activations | 18 holes of golf | Live entertainment



VAL DE VIE
FOUNDATION
a better life for all



Email golf@pearlvalley.co.za to secure your team

[Click here to download the booking form](#)

DISCOVERY VITALITY DAY

Corné Steenkamp Biokineticists host days where Discovery Vitality members can complete all of their tests in under 90 minutes.

Please take note of the following upcoming event.

Date: Wednesday, 12 October 2022

Venue: Val de Vie Estate Sports & Leisure Centre

Bookings are essential - limited slots available.



+ 27 79 523 5875



gym@valdevie.co.za



CORNÉ STEENKAMP BIOKINETICISTS

Most Success stories comes from consistency.



The inbody Biometric Assessment is a biometric analysis of your weight, height, body mass index, and lifestyle factors that provide valuable insights into your health and wellness.

It enables you to track your progress and quantify the work you are doing.

It helps our team to create custom-designed programs to your body's needs.

+27 76 408 7608

csbiokineticists@gmail.com



CHARITY PROJECT

One of Pearl Valley's residents, Tiago Rodriqs, is organising a Shoe Drive to help the local disadvantaged communities.

Any Shoe Type
Any Size

SHOE DRIVE

DONATE YOUR SHOES TO HELP OUR LOCAL COMMUNITY

COLLECTION DATES:
FROM SEPTEMBER 29 TO OCTOBER 15

DROP-OFF LOCATION:
PEARL VALLEY HOA OFFICE (next to the gym)
OR CONTACT ME & I WILL COLLECT AT YOUR HOUSE
Help by Donating Your Gently Worn, Used or New Shoes

MORE INFORMATION: 072 787 1858 OR rodrigs.tiagod@gmail.com

PEARL VALLEY CONTACT DETAILS

PEARL VALLEY HOA

+27 21 867 8000

info@pvhoa.co.za

SECURITY

Security Control Room - +27 21 867 1201

Pearl Valley Main Gate - +27 21 867 3266

Val de Vie Main Gate - +27 21 867 6110/6138

Berg River Gate - +27 21 863 6102/6101

Disclaimer: Kindly note that the opinions expressed in the communication are those of the authors/advertisers and do not necessarily represent the views of the Pearl Valley Home Owners Association.

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